

# Quality Improvement Initiative Assessing and Improving Continuity of Care Utilizing Care Teams within a Family Medicine Residency Clinic



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# Introduction

- Continuity of care (CoC) is associated with increased patient satisfaction, stronger doctor-patient relationships, and improvements in quality of care.
- Scheduling challenges (e.g., limited availability due to other rotations) are a unique barrier to optimizing CoC in a resident run clinic.
- In our previous work, we found reminders and using the EMR follow-up feature led to some improvement in CoC.
- Care Teams (CT) are another approach and may be particularly effective at promoting CoC because they involve creating a team of providers for each patient.
- The purpose of this next phase of our QI work is to evaluate steps for establishing a CT system within our Family Medicine Clinic.

# Care Team Optimization

- CT: 6 teams consisting of one Intern, PGY2, and PGY3 resident plus an attending.
- Chart reviews were conducted to quantify patient load for each CT.
- An algorithm was developed to aide clinic staff in assigning patients to CTs (see below).

# Triaging Patient Calls Schedule & Indicato request with color request PATIENT For appt? For appt? Patient request a male vs. remale provider, we will hand that request if patients do not ask, please use color team to schedule with PGV1, schedule with patients with DIABETES should be seen every 3 months Patient refuses appt? Patient refuses appt? Offer Virtual Schedule & Indicato request with color request with color request with color request with most patients with DIABETES should be seen every 3 months No VES Schedule on No PGV2, PGV3, meadows) Patient refuses an 'annual' yearly Most patients with DIABETES should be seen every 3 months No VES Schedule an appointment with the patients with DIABETES should be seen every 3 months No VES Patient refuses appt? Offer Virtual No Send case to provider or appearance on a patient cannot come in, just send to provider for evaluation

# PDSA CYCLE 3

#### Plan

- Aims: improve new patient assignments to CTOM by >5% compared to other CTs. Improve overall balance of CT's by >5%
- Intervention: Clinic staff use algorithm to assign new patients to 'Care team of the month' (CTOM)



#### Do

- Establish baseline patient assignments for each CT, establish CTOM
- Educate staff on CTOM and assigning new patients accordingly
- Collect feedback from clinic staff on process
- Measure change at end of month



### Study

- Data collected after 1 month of intervention was analyzed
- CTOM patient load increased by 5.0%; other CT's increasing from 0.3%-3.3%
- Clinic staff feedback revealed the process to schedule patients within CT's was ineffectively communicated



#### Act

- Establishing CTOM improved the balance of the CT's but clinic staff described the triaging process for new patients was unclear.
- Adopt: CTOM is effective tool to improve the balance of CT's
- Adapt: Improve communication of CTOM and CT patient assignments process

# PDSA CYCLE 4

#### Plan

- Aims: Improve compliance to CT assignment process and CTOM balance by >10%.
- Intervention: Establish a visual aid for CT patient assignments and communicate the process to clinic and front desk staff who are responsible for assigning patients



#### Do

- Create and distribute visual flow chart of CT assignments
- Train staff on process and visual aids
- Measure end of month CT loads
- Solicit weekly feedback from clinic staff to ensure understanding and compliance with the triage process.



# Study

- CTOM patient load increased by 51%, with other CT's increasing from 24%-37%
- Clinic staff feedback revealed that the process to schedule patients within CT's was effectively communicated



#### Act

- Adopt: CT assignment algorithm and visual flow chart.
- Adapt: Explore methods of scheduling residents within a CT on separate days of the week in clinic

## CONCLUSIONS

- Utilizing CTOM is effective at improving the balance of CT's.
- Education and visual aids appear effective for improving compliance with CT assignment process.
- Future PDSA cycles should examine effect of balancing CT's on improving Continuity of Care.