

# DEPARTMENT OF FAMILY MEDICINE & PUBLIC HEALTH SCIENCES (DFMPHS)



## FAMILY MEDICINE PATIENT CARE RETURNS TO DETROIT

**Tweet from Chair, Tsveti Markova, MD, FAAFP**



Wayne Health at Mack: Family Medicine in Detroit where it's most needed.



Department of Family Medicine and Public Health Sciences

### Vision, Mission, Values

*The Department of Family Medicine and Public Health Sciences will promote health equity and well-being of individuals, families, and communities. We improve health and well-being by advancing the science and practice of Family Medicine and Public Health through innovation, interdisciplinary collaboration, and excellence in partnership with our communities. We embrace our core values of Excellence, Collaboration, Innovation, Integrity, Diversity & Inclusion, and Social Justice.*



For archived copies of the Department of Family Medicine & Public Health Sciences newsletters, visit:

<http://www.familymedicine.med.wayne.edu/news.php>

The Department of Family Medicine and Public Health Sciences is very excited to be operational in Wayne Health's (formerly Wayne State University Physician Group) newly renovated 50,000-square-foot facility - 400 Mack Detroit Health Center in Midtown. The multi-specialty group which includes a full range of integrated primary, preventive and behavioral health care by physicians and advanced practice providers in internal medicine, family medicine, obstetrics and gynecology, and behavioral health started serving patients on September 15.



Family Medicine will have a strong presence at this new clinic. Its new providers **Dr. Samantha McPharlin** and **Dr. Christopher Mann** will be supported by **Kate Christlieb, PA-C** and **Sami Gauthier, MSN, APRN, FNP-C**. Dr. Mann says, "I am so excited to be right in the heartbeat of Detroit! I'm very eager and honored to be a primary care physician for Detroiters. The new Mack facility is beautiful, and it is invigorating to be a part of our multi-specialty clinic offering services and healthcare for people from all walks of life."

"Detroit was my home for eight years before I moved to Grand Rapids for residency," said Dr. McPharlin. "Joining the Wayne

Health team at the Mack location means I get to serve my neighbors and the community that nurtured my medical career. It is wonderful to be back living and working in a city where tenacity and rejuvenation are part of the social fabric. Detroit is renewing

itself, and I want to be front and center in the effort to bolster local access to healthcare, especially preventative services. Detroiters deserve high quality and affordable primary care, and I am honored to work with so many dedicated providers at Wayne Health who share that same vision."

"Returning primary care to Detroit has been a strategic initiative for the Department of Family Medicine and Public Health Sciences for many years. We are very excited to



bring family medicine back to Detroit to support the needs of its underserved population and the WSU family medicine medical students," said **Tsveti Markova**, department chair. "It has been a long time coming and we are excited that it is a reality now."

In addition to the multi-specialty groups, the location is also home to the new Center for Population Health Accountability, offering novel, community-based and mobile approaches to "whole-person" care, addressing physical and behavioral health needs, and facilitating access to partner programs to address social determinants of health, such as poverty, housing, transportation and access to food that impact well-being.

Refer patients to schedule an appointment with a Wayne Health provider at the 400 Mack Health Center or another location by calling 977 WAYNE-HC (877-929-6342). For more information about Wayne Health, please go to

[www.WayneHealthCares.org](http://www.WayneHealthCares.org).

Also read WSU School of Medicine News dated September 16, 2020. <https://today.wayne.edu/medicine/news/2020/09/16/wayne-health-opens-new-400-mack-detroit-health-center-epicenter-for-integrated-primary-care-and-population-health-39200>

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## Important Dates



**November 19**—DFMPHS All Faculty Meeting  
**November 26 & 27**—Thanksgiving Holiday Closure  
**December 25-January 1 2021**—WSU Christmas and New Years Holiday Closure  
**January 18, 2021**—Dr. Martin Luther King Jr.'s Birthday  
**February 11**—DFMPHS All Faculty Meeting  
**April 21**—DFMPHS Research Day  
**June 17**—DFMPHS All Faculty Meeting



# DIVISION OF POPULATION HEALTH CORNER

**Dr. Victoria Neale, PhD MPH has been recognized for her years of service at the Journal of the American Board of Family Medicine (JABFM).**

Congratulations to **Dr. Neale** on her retirement as Deputy Editor of the *Journal of the American Board of Family Medicine (JABFM)*. On July 31, 2020 Dr. Neale retired from her editorial position after 17 years of service.



In the September/October 2020 issue of JABFM, Editor Marjorie A. Brown, MD, MPA, announced Dr. Neale's retirement to the Journal's readers.

"The past 17 years have been extraordinary. Victoria has managed the editorial office with remarkable organization and efficiency such that there have been very few hiccups in the bimonthly publication of the *Journal*" said Dr. Bowman. "In addition to running the editorial office, Victoria has served as the editor for a substantial percentage of the submitted manuscripts. Over the years, I have come to recognize that she is full of wise ideas and great suggestions, while also exhibiting an amazing attention to detail. I can think of many more attributes: she is an author and reviewer finder, efficient,

timely, and responsible as only seen in the best of the best. And, she has been the joint author on countless Editors' Notes that are widely read. She is a terrific partner and I feel a profound sense of gratitude and loss."

Congratulations to Dr. Neale.

Click here to read the announcement in full.

<https://www.jabfm.org/content/jabfp/33/5/643.full.pdf>

In other division news, **Juliann Binienda, PhD**, Professor in the DFMPHS has been promoted to Director of the Population Health Division and will also oversee the MPH Program. She continues to be actively engaged in the MPH program, the new SOM public health track and at AHEC. Dr. Binienda has demonstrated herself to be a true leader throughout her career in DFMPHS. She was recently promoted to Professor in large part due to her proven academic achievements and willingness to take on various responsibilities when asked or simply volunteering on her own accord. She is very active within WSU and SOM as

well as in the community we serve.

Congratulations to Dr. Binienda.



# WELCOME TO FAMILY MEDICINE

As reported on Page 1 of this month's newsletter, the 400 Mack Detroit Health Center has officially opened and is seeing patients. In our August/September newsletter, we introduced you to our newest Clinical team members, Drs. McPharlin and Mann. Now we welcome Kate Christlieb, PA-C and Sami Gauthier, MSN, APRN, FNP-C.



**Kate Christlieb** has joined the Family Medicine Detroit Health Center as a physician assistant. She is a graduate

of Baylor College of Medicine in Houston, Texas. Prior to joining Wayne Health, she served as a physician assistant at Wayne County Healthy Communities providing care to Detroit's medically underserved population including refugee and immigrant communities.

**Sami Gauthier** joins us from the Vascular Center of America in Southfield as a Family Nurse Practitioner. She received her Master of Science in Nursing - Family Nurse



Practitioner from Chamberlain University.

Welcome to the Family, Kate and Sami!



## MPH ALUMNA INFECTION DISEASE EXPERT TEENA CHOPRA, MD, MPH

**Teena Chopra MD, MPH**, shared stories about working on the front-lines of the Coronavirus Disease 2019 (COVID-19) with our newly launched School of Medicine MPH Alumni Group on August 18 2020.



Dr. Chopra is a professor of internal medicine and infectious diseases at Wayne State University and the medical director of infection prevention and hospital epidemiology at the Detroit Medical Center (DMC). Dr. Chopra earned her MPH Degree in 2011, when she was a WSU infectious disease fellow. She was encouraged to do so by School of Medicine Dean Dr. Jack Sobel and she shared that earning an MPH was "...the best decision of her life". While a student in our program, she greatly appreci-

ated the mentoring of our supportive MPH faculty. She also reminded us that there is always a place for public health, no matter the place or field. She emphasized the value of our MPH program and how it prepares students to serve.

Dr. Chopra helped develop an effective response to the COVID-19 pandemic within Detroit. "It was a humbling experience and every day we learned something new," she noted. Dr. Chopra stressed that collaborating with local and state health depart-

ments, as well as, the Centers for Disease Control and Prevention is crucial to combat the spread of the virus.

The MPH program would like to thank Dr. Chopra for sharing her experiences with our graduates and the School of Medicine's Alumni team - Diane Puhl, Lisa Ramos and Emily Stone for helping to launch our alumni group.

Pictured below are some participants in our virtual event.



From Left to Right: Juliann Binienda, Lisa Ramos, Emily Stone, Rachel Mahas, Kulsoom Ahmed, Diane Puhl, Danielle Stewart, Frances Tyrrell, Beth Olson, Jisha Panicker, Miguel Barajas, Blake Sanford, Priya Spencer, Liz Hacker, and Sahil Bhatia.



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# LOOKING AHEAD AT VIRTUAL RECRUITMENT SEASON

The year 2020 has brought a multitude of COVID-19 related challenges throughout the United States and the world. The pandemic has altered life as we know it; residency recruitment is no exception. It is not surprising that the ACGME is mandating virtual residency interviews during this application cycle. Fortunately our residency programs are very adept and experienced at conducting virtual interviews which we have done for years. During the past several years, our Family Medicine and Transitional Year residency programs have utilized a hybrid approach to interviewing, using a combination of live and virtually scheduled interviews via Skype. During the 2020-21 recruitment cycle, we will be utilizing the Zoom platform for all of our formal residency interviews.

Scheduling and logistics initially appeared overwhelming, but with the support of our GME office, our faculty and administrative staff have been provided modules and training sessions to assure proficiency with the

Zoom platform. At this stage, our only challenge is precise organization during the interview process, which is spearheaded by our residency coordinator. Logistics such as interview itineraries, program presentations, and breakout session are being finalized for a smooth transition to virtual only interviews. Our residency coordinator, **Rose Moschelli**, has been extensively researching and training in this area to fully understand the nuances, and formulate solutions for effective virtual interviewing.

To assure efficiency and quality of the candidates' interview experience, our program developed a format that is ideally suited for Zoom meetings. Our residents partnered with our Program Director, **Dr. Pierre Morris**, to create a video presentation for each of our 4 programs which includes a virtual tour of our clinic and hospital that is viewed at the start of the interview day. To date we have over 160 interviews scheduled for our 4 programs. Efficiency and organization is therefore extremely important to seamlessly navigate the interview day.

Candidates independently interacting in a casual setting with our residents is a vital component of the interview process. It is extremely important for candidates to have one-on-one conversations with our current residents independent of faculty presence. Our chief residents have developed "Virtual Meet Ups" throughout this interview cycle. This will be offered as a 1-hour Zoom event which includes multiple dates as options to attend. Candidates may join in at any time during this event to participate in a more relaxed setting and to have unfiltered conversations and interactions with our current residents. Although for most programs virtual interviews is uncharted territory, our past experience with virtual interviews allows us to build on this foundation and provide a meaningful experience for our residency candidates. We realize this will be a very challenging recruitment season for the nations' residency programs, but we are very confident the processes we have established will result in our continued success recruiting highly qualified residents for all 4 of our programs.



## Grant Announcements:

**15 proposals were submitted with FM faculty as PI plus another 4 from other departments that included a FM faculty as Co-I during August, September, and October**

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# MICHIGAN AHEC AWARDED \$741,000 FROM HRSA

The Michigan Area Health Education Center was recently awarded \$741,000 in grant funds from the U.S. Health Resources and Services Administration (HRSA). The funds will be used to continue to strengthen its statewide network of 5 regional centers and provide an unprecedented number of health care career preparation initiatives, clinical experiences and continuing education programs for health care professionals in communities throughout the state.

"The continued support by HRSA is a testament to the high quality services provided by AHEC for improving the future of healthcare in Mich-

igan," said **Dr. Tsveti Markova**, Co-Principal Investigator of Michigan AHEC and Senior Associate Dean for Graduate Medical Education and DIO, Professor and Chair, Department of Family Medicine and Public Health Sciences, Wayne State University School of Medicine. "This award reinforces HRSA's commitment to the interprofessional and innovative nature of Michigan AHEC," said **Dr. Ramona Benkert**, Co-Principal Investigator of Michigan



Wayne State University School of Medicine.



AHEC and Interim Dean and Professor, Wayne State University College of Nursing.

HRSA has awarded consecutive yearly grants to Michigan AHEC since 2010. Michigan AHEC is funded by the U.S. Health Resources and Services Administration (Grant # U77HP26582) and Wayne State University. Michigan AHEC is also supported by the following host partners: Western Michigan University, Central Michigan University, Upper Great Lakes Family Health Center and Mid-Michigan Community Health Services.



## FACULTY SPOTLIGHT

We are very pleased to report that Department of Family Medicine & Public Health Sciences faculty did very well once again this year during the Selective Salary process. Sixty-three percent of our faculty received a

merit increase based on their research efforts; 74% of our faculty receive merit increases based on their teaching accomplishments; and 89% of DFMPHS faculty received a merit raise based on their service.

Congratulations to all our faculty. We appreciate all you do for the department, our students and the community.

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## THE SECTION

Below are the most recent publications from our faculty and staff, whose names are bolded.

- **Idalski Carcone A, Ellis DA**, Eggly S, **MacDonell K, Ghosh S**, Buggs-Saxton C, Ondersma S. (2020). Improving Diabetes Management in Emerging Adulthood: An Intervention Development Study Using the Multiphase Optimization Strategy. *JMIR Research Protocols*. doi: 10.2196/20191
- Lee M, **Idalski Carcone A**, Ko L, Kulik N, **Ellis D**, Naar S. (in press). Managing Outliers in Adolescent Food Frequency Questionnaire Data. *Journal of Nutrition Education and Behavior*. doi: 10.1016/j.jneb.2020.08.002
- Ibrahim A. Kira , Hanaa A. M. Shuwiekh , Kenneth G. Rice , Jeffrey S. Ashby , Sayed Ahmed Elwakeel , Mariam Sous Fahmy Sous , Amthal Alhuwailah , Shadia Bint, Ali Baali, Chafika Azdaou , Enas. M. Oliemat & **Hikmet J. Jamil** (2020): Measuring COVID-19 as Traumatic Stress: Initial Psychometrics and Validation, *Journal of Loss and Trauma*, DOI: 10.1080/15325024.2020.1790160



# DR. BLESSMAN MODERATES 'CORONAVIRUS CONCERNS IN DETROIT' HEALTH CHAT

**Dr. James Blessman**, Family Medicine and Public Health Sciences Assistant Professor and faculty member in the Center for Urban Responses to Environmental Stressors (CURES), moderated an Environmental Health Chat via Zoom on Thursday, October 29. The event was organized by CURES and featured the following presentations:

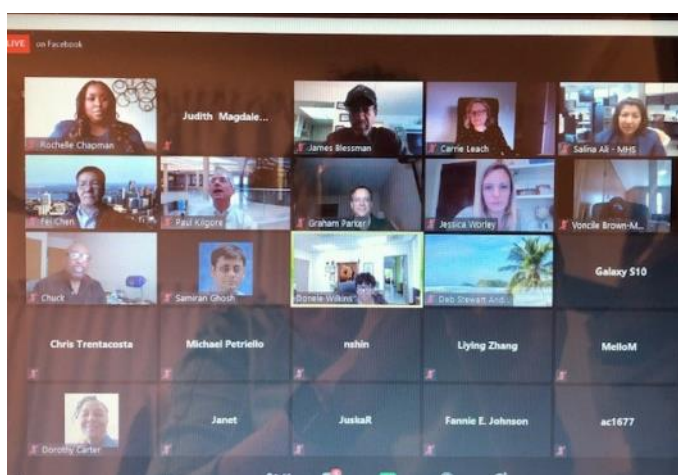
- How to Protect Your Health by Donel Wilkins, CEO, Green Door Initiative
- Staying Safe in Flu Season & Progress in Vaccinations by Paul Kilgore, MD, MPH Wayne State University

The Chat was attended by 70 participants via Zoom and was also live-streamed via Facebook to 56 participants. Days following the event, metrics showed the Facebook video had been shared by five people and has been viewed by more than 260 people.

The presenters shared a lot of important information currently surrounding the pandemic including how to stay safe and the race for a vaccine.

If you are interested in viewing the Chat, please visit the CURES Facebook page at: <https://www.facebook.com/CURESWSU>. Or, if you want to know

more about the event or have it repeated in another venue, please contact: Rochelle Chapman, Community Engagement Coordinator, Institute of Environmental Health Sciences (IEHS), Center for Urban Responses to Environmental Stressors (CURES) at [rochellechapman@wayne.edu](mailto:rochellechapman@wayne.edu)



Screen 1 of participants in 'Coronavirus Concerns in Detroit' Health Chat

