WSU School of Medicine

DEPARTMENT OF FAMILY MEDICINE & PUBLIC HEALTH SCIENCES (DFMPHS)



Tweet from Chair, Tsveti Markova, MD, FAAFP



#7 nationally in 2019 on NIH funding. Way to go!



Vision, Mission, Values

The Department of Family Medicine and Public Health Sciences will promote health equity and well-being of individuals, families, and communities. We improve health and well-being by advancing the science and practice of Family Medicine and Public Health through innovation, interdisciplinary collaboration, and excellence in partnership with our communities. We embrace our core values of Excellence, Collaboration, Innovation, Integrity, Diversity & Inclusion, and Social Justice.



For archived copies of the Department of Family Medicine & Public Health Sciences newsletters, visit:

http://www.familymedicine. med.wayne.edu/news.php

SUCCESSFUL 5-YEAR REVIEW

In 2019, the Department underwent a 5-year review process to assess strengths. weaknesses and future directions. This review involved a comprehensive self-study followed by a 2-day site visit from external reviewers. This valuable process allowed us the opportunity to reflect and set goals for the future. Congratulations to Dr. Markova for the excellent outcome guided by her mentoring and collaborative leadership style. Congratulations to our faculty whose stellar achievements have resulted in recognition at both the regional and national levels.

After their site visit, review of self-study materials, and interviews with faculty and department chair, the external reviewers commented: "Overall, we were quite impressed by the Department and by the Medical School, including the level of dedication by faculty, leadership, and staff Dr. Markova has been persistent, creative, and effective in her efforts to obtain needed resources in the constrained environment of the SOM and university."

Major strengths noted include:

- The two graduate medical education residency programs and the MPH program are fully accredited.
- In education, the Department led innovations in

undergraduate medical education clerkships and co-led the undergraduate bachelors of science in public health. A statefunded program, MiDocs was established to train and retain physicians in underserving areas. We also launched an inaugural Urban Health family medicine track in a Federally Qualified Health Clinic (FQHC) in Detroit and a new Preventive Medicine program.

- In 2018 the DFMPHS was ranked 8th in the country with regard to external NIH research funding. Faculty also received funding from other federal agencies including the Patient Centered Outcomes Research Institute (PCORI), the Dept. of Defense (DOD), and the Agency for Healthcare Research and Quality (AHRQ).
- The Department Chair is co-PI of the Michigan Area Health Education Center (MI-AHEC), in collaboration with the WSU Nursing School. This multi-year federally funded program showcases DFMPHS leadership in primary care workforce devel-

opment and interprofessional education.

Many thanks to the External Evaluators:

Linda Speer, MD, Chair of Family Medicine, University of Toledo

Jeffrey Borkan, MD, PhD, Chair of Family Medicine & Assistant Dean for Primary Care-Population Medicine, Brown University

Kudos to the 5-Year Review Committee Members:

- Manual Tancer, MD, Professor (WSU Psychiatry) and Committee Chair
- Juliann Binienda, PhD, Associate Professor (DFMPHS)
- Dawn Misra, PhD, Professor (DFMPHS)
- Victoria Neale, PhD, MPH, Professor (DFMPHS)
- Pierre Morris, MD, Director, Residency Programs (DFMPHS)
- Susan Eggly, PhD, Professor (WSU Oncology)
- Zeenat Bhat, MD, Associate Professor (WSU Internal Medicine)

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SUCCESSFUL 5-YEAR REVIEW CONT'D

The Department of Family Medicine and Public Health Sciences is looking forward to embarking on another 5-Year development strategy.

Opportunities for future growth include:

 The Department can lead WSUPG initiatives in primary care excellence, including patient-centered medical homes, health literacy, health disparities, and quality improvement. The restructuring required by the bankruptcy may open new opportunities for the Department to work with WSUPG leadership in development of primary care practices, population health, and practice transformation. This could also lead to an environment in which most, if not all, of the WSU medical students could then be taught directly by Department full time faculty, rather than relying on the extensive voluntary community faculty.

- The Department, with some support from SOM can continue to grow its research portfolio and become one of the top five funded departments nationally.
- The Department can provide a

critical mass of the faculty needed to create and grow public health education at the University, strengthening the Public Health program and aligning it closer with the needs of the community.

 Continue our commitment to the department's education mission by promoting student interest in the specialty of family medicine, student leadership at the Student Run Free Clinic (SRFC) and the Family Medicine Interest Group (FMIG); as well as expanding the state-funded GME programs through MiDocs.

DFMPHS MOVES UP TO 7TH PLACE NATIONALLY IN NIH RANKINGS

The Department of Family Medicine and Public Health Sciences is in 7th place nationally in NIH rankings among the 150 Family Medicine departments at U.S. medical schools in this important metric of research competitiveness according to the latest report from the Blue Ridge Institute for Medical Research. Since 2016, when our department was in 25th place, it has been steadily rising to #8 in 2018 and #7 in 2019. For two consecutive years, DFMPHS is the highest ranking department in the SOM amongst peers.

In a congratulatory email to faculty from Department Chair, Dr. Tsveti Markova, she noted the department's strong community and public health focus with an emphasis on intervention and implementation science and communication engagement. The department's research is well aligned with the University's mission to conduct health equity and disparities research that improves health outcomes for the citizens of Detroit.

"The high ranking demonstrates the department's continued commitment to research excellence and the out-

standing efforts of its investigators. Our faculty, staff and research leadership in department, SOM, and OVPR should all be proud of this accomplishment.

I am thrilled by the news of this outstanding ranking and hope to remain in the top ten in future years as our research faculty build on their successes.

Thanks to all of our investigators, division leadership and staff for their hard work!." said Dr. Markova.

DFMPHS TO OPEN FAMILY MEDICINE CLINIC IN DETROIT



As part of WSUPG's primary care practice strategic initiative, the Depart-

ment of Family Medicine and Public Health Sciences is excited to announce it will be opening a Family Medicine Clinic in WSUPG's new headquarter building at 400

Mack Ave, Detroit. The department is currently recruiting doctors for the practice which is slated for opening July, 2020. We are excited to bring family medicine back to Detroit to support the needs of its underserved population and the WSU family medicine medical students.



ALUMNI ENGAGEMENT AND PHILANTHROPY AT WSU SOM

On February 19, Diane Puhl (Director of Alumni Affairs) and Patty Paquin (Senior Major Gifts Officer) spoke to DFMPHS faculty about giving trends, alumni engagement, and the positive impact of philanthropy at the School of Medicine.

Some of the fast facts and highlights from their presentation included:

- The School of Medicine has 23,819 living alumni, including 12,724 M.D.s
- Gifts to the SOM represent more than 30% of all giving to Wayne State University
- The Department of Family Medicine and Public Health Sciences has permanent endowed funds totaling nearly \$4 million
- There are 10 endowed scholarships and 1 annual scholarship in DFMPHS; two of these are awarded to students in the MPH program
- During the Pivotal Moments campaign, the School of Medicine achieved its \$190 million fundraising goal, with \$3.4 million benefitting DFMPHS

Diane shared the "Engagement Pipeline" and some opportunities to connect with DFMPHS alumni, including mentorship programs, alumni events and activities, as well as lectures, seminars and speaker series.

With the support of faculty and staff, we can build a vibrant alumni engagement program supporting the Department of Family Medicine and Public Health Sciences:



- Assess how alumni can be involved in your programs
- Partner with your Alumni Affairs team
 - Identify notable alumni and connect us to them
 - Share your student, resident and faculty successes
 - Suggest programs for volunteerism, engagement and support
 - O Volunteer when you can
- Help make the student experience positive and meaningful... happy students make happy alums!

Alumni engagement and philanthropic support are directly connected.

Patty gave a summary of results from the Pivotal Moments campaign, as well as an overview of the Development team and their role in securing major support for the School of Medicine. Our fundraising efforts touch each area of the "giving pyramid" - and the major gifts team is focused on long-term impact through gifts of \$25,000 and more.

We are grateful for all gifts made to the School of Medicine and DFMPHS.

However, it's crucial to understand that major donors don't give to satisfy institutional needs – they are looking for a partner to help them achieve their philanthropic goals. Most donors want to create change and make an impact. Development professionals are committed to facilitating the process by making it easy

and convenient to give.



The key ways that faculty and staff can support fundraising in support of the Department of Family Medicine and Public Health Sciences include:

- Embrace the Culture of Philanthropy
- Identify opportunities to engage with major gift prospects
- Open doors and help make connections with potential donors
- Make a gift, if you can, to support the incredible work of DFMPHS

https://giving.wayne.edu/ donate/medicine

Pictured below are several of the DFMPHS Philanthropy, Endowed Strategies and Oversight Committee members (L to R; Victoria Neale, Tsveti Markova, Patty Paquin, Diane Puhl (guest), Juliann Binienda. Not pictured: Jira Coumarbatch, Andy Disbrow, Pierre Morris and Angulique Outlaw.



FAMILY MEDICINE ADVOCACY DAY

Family Medicine Week (#MiFMW), in recognition of family physicians, was commemorated in Michigan the week of February 23, as proclaimed by Governor Gretchen Whitmer. The week also encompassed the Michigan Family Medicine Advocacy Day on February 25. which Dr. Salieha Zaheer, MD. FAAFP. Assistant Professor-Clinician Educator (WSU/Ascension Rochester Family Medicine Residency Program) had the opportunity to attend in Lansing. She met with state legislators to educate them on the cost-effective quality health care provided by family physicians. They also discussed the issues impacting the

delivery of, and the access to, primary care.

Dr. Zaheer met with State Representatives Matthew Webber and Mari Monoogian to additionally discuss the MiDocs initiative and Prior Authorization reforms. MiDocs is a statewide initiative led by a consortium of four medical schools, namely Wayne State, Michigan State, Central Michigan, and Western Michigan Universities. This initiative's goal is to create new Family (Primary Care) Physicians in Michigan by prioritizing funding for Graduate Medical Education and increasing Family Medicine residency training slots. The state legislators were also encouraged to support Prior Authorization Reforms - Senate Bill 612 introduced by Senator VanderWall - aiming to reduce the delays in patient care. Thank you to state lawmakers for supporting Family Medicine. #FamilyMedicinestrong





Pictured above: Dr. Salieha Zaheer, an assistant professor-Clinician educator in the WSU/Ascension Providence Rochester Family Medicine residency program with Representative Michael Webber (District 45—Rochester Hills). Pictured to the left: Family Medicine doctors gather in the Capitol's rotunda for a photo during Family Medicine Advocacy Day sponsored by the Michigan Academy of Family Physicians (MAFP)



Please join us as we come together to celebrate the scholarly work of the Department of Family Medicine and Public Health Sciences!

The 4th Annual Research Day will feature student presentations with a Keynote Panel by Dr. Poco Kernsmith, WSU School of Social Work; Dr. Tolulope Sonuyi, D.L.I.V.E.; and Khali Sweeny, Downtown Boxing Gym.

Wednesday, April 15, 2020 8:30am – 12:30pm Margherio Conference Center

More information forthcoming!

DFMPHS WELCOMES NEW EMPLOYEES

Kristopher Janevski, research assistant (working with Dr. Culbert)
Madelyn Slamka, student assistant (working with Dr. Carcone)
Divya Sruthi, student assistant (working with Dr. Carcone)
Jigar Pital, student volunteer (working with Dr. Carcone)





Congratulations to Dr. Eleanor King (WSU/Ascension Providence Rochester family medicine residency program), and her husband Alex Mazur, on the birth of their first child, a son. Samuel Alexander was born on March 3 at 6:05 PM. Birth stats: 8 lbs., 3 ozs., 21 inches. Congratulations to the new parents!!



DIVISION OF POPULATION HEALTH CORNER

2020 THEME: PREVENTING VIOLENCE

DFMPHS's Division of Population Health has adopted the American Public Health Association's (APHA) annual theme of "Preventing Violence". This year's departmental and public health student events will be focused around that theme.

The Division of Population Health would like to share recent accomplishments.

Julie Gleason-Comstock, PhD, MCHES, Assistant Professor, was awarded a North American Primary Care Research Group (NAPCRG) Grant Generating Fellowship (GGP) in August, 2019. Dr. Victoria Neale, Professor and Vice-Chair of Public Health Sciences, is Dr. Gleason-Comstock's mentor. Nancy Elder, MD, is Dr. Gleason-Comstock's NAPCRG Advisor.

The purpose of the year-long fellowship is to provide a platform for development of investigator-initiated independent research on relevant primary care topics. Dr. Gleason-Comstock's research interest is engaging patients at high risk for hypertension to linkage and follow-up in primary care. She will present her research proposal at the Society of Family Medicine Conference in Salt Lake City in May. Tsveti Markova, MD, FAAFP, Department Chair noted the importance of "interdisciplinary research in chronic care management for our Greater Detroit patients."

Dr. Gleason-Comstock attended her first GGP meeting in Toronto, Canada, in November 2019, and shared her proposed research design with the other twenty 2019-2020 fellows chosen from across the United States and Canada. The GGP meeting was integrated into the 2019 NAPCRG Annual Meeting and International Conference on Quality in Primary Care.

Jinping Xu, MD, MS, DFMPHS Professor, had two research presentations on active surveillance in population-

based research of men with lowrisk prostate cancer from both patients' and urologists' perspectives (see page 6).

Drs. Xu and Gleason-Comstock are shown below at the NAPCRG Conference Toronto Westin lobby.





While at the NAPCRG Annual Meeting, researchers joined a celebration at the Toronto Hockey Hall of Fame. Dr. Gleason-Comstock is shown with Mr. Lanny MacDonald, who played for the Calgary Flames when they won the Stanley Cup in 1989 and was in Toronto to receive his Award.







Applause Applause DR. XU WINS PEARL AWARD AT 47TH ANNUAL NAPCRG CONFERENCE

Congratulations to **Jinping Xu, MD,** MS for winning the Pearl Award at 47th Annual Meeting of North American Primary Care Research Group (NAPCRG).

Dr. Xu's presentation, Active Surveillance Uptake in a Population-based Survey of Men with Low-risk Prostate Cancer, has been selected as one of the ten 2019 NAPCRG Pearl Awards, out of more than 1,200 presentations at the biggest international meeting of primary care researchers, November 16-20, 2019, Toronto, Canada. The Pearls are chosen each year by the Community Clinician Advisory Group (CCAG) as the top research studies having the greatest impact on clinical practice as presented at the NAPCRG Annual Conference. Members of the CCAG present the Pearls at local, regional, and national venues.

This is Dr. Xu's second time winning a NAPCRG Pearl.

Congratulations Dr. Xu!



MI-AHEC SCHOLARS KICKS-OFF SECOND STATEWIDE COHORT

The Michigan AHEC Scholars Program

MICHIGAN AHEC

SCHOLARS

recently launched its second cohort with a total of 49 health professions students from across the state of Michigan. The Michigan AHEC Scholars program began last year with 15 nursing and medical students from Wayne State University. The new AHEC Scholars cohort includes nursing, medical

and social work students from each of Michigan AHEC regions, including Southeast, Mid-Central, Northern Lower, Western and the Upper Peninsula.

The Michigan AHEC Scholars Program is designed for health professions students from diverse backgrounds who are interested in supplementing their education by gaining additional knowledge and experience in rural or

urban underserved communities. It aims to prepare students to enter the health professions workforce by teaching them health disparities and the role of the community in patient care through interaction with different health specialties. Types of health professions students in the AHEC scholars program are: medical, pharmacy, dental, nursing, physician assistant, public health and social work.

Dr. Juliann Binienda, Associate Professor in Wayne State University's School of Medicine is the AHEC Scholars Course Director. "We are excited to offer this statewide innovative and stimulating program which seeks to increase the quantity and quality of health professionals in rural and urban underserved areas of Michigan."

Student recruitment efforts for the 3rd AHEC Scholars' cohort will begin in

the spring of 2020.

For more information, visit https://miahec.wayne.edu/ healthcareers or call 313-577-5161.



For more news from MI-AHEC, Click on the logo above.

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March 20, 2020—Match Day April 15, 2020–DFMPHS Annual Research Day May 25, 2020—Memorial Day University Closure June 2, 2020—WSU SOM Commencement June 17, 2020—DFMPHS All

Faculty Meeting

July 4, 2020—Independence

Day University Closure



Below are the most recent publications from our faculty and staff, whose names are bolded.

Wei R*, **Zaheer S**, **Xu J**. A rare case of bilateral incarcerated obturator hernia and a right-side femoral hernia. Surgery Care Reports 2020 doi:10.31487/j.JSCR.2020.01.03

Ghosh S, "Statistical Methods to Test If a Treatment Is Not Worse Than Standard Treatment", Published in PCORI website https://www.pcori.org/sites/default/files/PCORI-Ghosh302-English-Abstract.pdf, funding number ME-1409-21410.

In addition, Michael McLeod, JD, MPH made the following invited presentations:

"Creating Win-Win Situations by Placing Public Health Students at Sites on Campus for Service Learning" at the Mid-America College Health Association annual meeting in Detroit, Michigan, on October 24, 2019.

"Collaboration is Key: Opening Doors to Student Success in Public Health Service Learning" at the Wayne State University Student Success Summit in Detroit, Michigan, on November 22, 2019.

"Recognizing and Resolving Unconscious Bias to Support PrEP Initiation, Adherence, and Persistence" at a Detroit Health Department continuing education event for healthcare providers in Detroit, Michigan, on December 12, 2019.





Congratulations to **Dr. Rhonda Dailey's** daughter, Christina Okezie. She has been accepted into her top three choices for graduate school: Columbia University, the University of Chicago, and Harvard University. She plans to get a master's degree in the highly competitive Education Policy and Management Program at Harvard University. Her parents are pleased to see her pursue her lifelong goal of a career in education policy.