

## DEPARTMENT OF FAMILY MEDICINE & PUBLIC HEALTH SCIENCES (DFMPHS)



**Tweet from Chair,  
Tsveti Markova, MD, FAAFP**



Best wishes for success to all graduating FM and TY residents! Welcome the new ones joining us on July 1!



Department of Family Medicine  
and Public Health Sciences

### Vision, Mission, Values

The Department of Family Medicine and Public Health Sciences will promote health equity and well-being of individuals, families, and communities. We improve health and well-being by advancing the science and practice of Family Medicine and Public Health through innovation, interdisciplinary collaboration, and excellence in partnership with our communities. We embrace our core values of Excellence, Collaboration, Innovation, Integrity, Diversity & Inclusion, and Social Justice.



For archived copies of the Department of Family Medicine & Public Health Sciences newsletters, visit:

<http://www.familymedicine.med.wayne.edu/news.php>

## 42ND ANNUAL MICHIGAN FAMILY MEDICINE RESEARCH DAY

Wayne State University DFMPHS Family Medicine Residents, MPH Candidates, and Faculty presented posters at the 42<sup>nd</sup> Michigan Research Day on May 23<sup>rd</sup> at Cleary University in Howell, Michigan. **Dr. Tsveti Markova, MD, DFMPHS Chair**, attending the Conference, praised the level of participation from the Department. **Sarah Parker, MPH student**, presented a poster of "Analysis of Influenza Vaccination Coverage in an Urban Pediatric Asthma Population: Protocol Development." **William Costello, MPH student** and **Shayla Patton, MD/MPH student**, presented a poster titled "Consolidated Standards of Reporting Trials (CONSORT) Design for a Community-Based Randomized Controlled Trial on Blood Pressure Control." **Rehana Siddiqui, MD** and **Phillip Riley, MD**, both DFMPHS residents, gave a podium presentation on "Assessing and Improving Follow-Up in a Residency-Based

Family Medicine Center." **Peter Ly, MD, DFMPHS resident**, presented a poster on "Increasing Resident Physician Confidence in Proper COPD Inhaler Use".

**Bradford Woelke, MD, DFMPHS resident**, presented a poster on "Quality Improvement Initiative to Increase Use of a Validated Developmental Disability Screening Tool During Well-Child Visits." **Rachel Vitale, DFMPHS Research Assistant** presented a poster of "Recruitment of African American Emerging Adults in an Urban Setting for a Technology-Based Asthma Medication Adherence Study."

**Tess McCready, DO** Ascension/WSU residency faculty, presented a poster entitled "Improving Resident Wellness Through a Formal Wellness Curriculum: Preliminary Findings". Mentors in attendance to encourage presenters included **Julie Gleason-Comstock, PhD, MCHES**; **Pierre Morris, MD** and **Elizabeth Towner, PhD**. **Jinping**

**Xu, MD** facilitated the annual tradition of a MetroNet meeting during the Conference.

This year's event was sponsored by Department of Family Medicine, Michigan State University (MSU) in collaboration with 1) DFMPHS, Wayne State University, 2) Department of Family Medicine, University of Michigan Medical School, 3) Department of Family Medicine & Community Health, Oakland University William Beaumont School of Medicine, 4) Department of Family & Community Medicine, Western Michigan University Homer Stryker MD School of Medicine, and 5) Family Medicine Foundation of Michigan.

Thank you to all for representing WSU at this event. Mark your calendars for next year's event on May 28, 2020.



DFMPHS faculty, staff, residents and students attending the event gather for a group photo with department Chair, Dr. Tsveti Markova (back row, third from right) as well as former DFMPHS faculty members and event hosts, Drs. Bengt and Judy Arnetz currently on staff at MSU (back row to the right of Dr. Markova).

# FAMILY MEDICINE & PUBLIC HEALTH SCIENCES HEART WALK EXCEEDS ITS GOAL 2ND YEAR IN A ROW!!

Wayne State University has partnered with the American Heart Association (AHA) over several years hosting the Metro Detroit Health and Stroke Walk/Run in and around the WSU campus. This year was no exception!

For the second year, DFMPHS formed a 5K walk team and collected donations from colleagues. The event was held on Saturday, May 18. Opening ceremonies started at 9:45 am with the walk beginning at 10.

DFMPHS raised \$1,420 which was \$420 over the team's goal and \$200 over last year's donation.

(including 3 children family members) and to those who donated money to this worthwhile organization. Special thanks to team Captains Dr. Angie Tiura, Dr. Julie Gleason-Comstock and Tapinder Singh for organizing this year's campaign.



2019 Walk Team L to R: Dr. Angie Tiura, daughter Annika Tiura, Dr. Liying Zhang, Dr. Rhonda Dailey, Dr. Angulique Outlaw, daughter Arielle Outlaw, Monique Green Jones, son Xavier Jones, and Jillian Rhind. (not pictured: Dr. Youcheng Liu)

Thanks to all the walkers who represented our department at the event



DFMPHS Professor, Dawn Misra, PhD is pictured here with her BUILD program graduating undergraduate trainees. From L to R: **Relicious Eboh** (UD Mercy), **Dawn Misra**, **Leena Abbas** (WSU) and **Leigha Thomas** (WSU).

BUILD is a nationwide program committed to ensuring that students from all backgrounds receive support during their educational experience and as they pursue biomedical careers.

We also extend our congratulations to Dr. Misra's doctoral nursing student, **Emily Dove-Meadows**. Emily received runner-up recognition for her CURES poster abstract: *Black Women's Perceptions of Neighborhoods, Experiences of Racial Discrimination, and Psychological Distress During Pregnancy: A Mixed Methods Approach* presented at the Normal Labour and Birth: 14th Research Conference in Grange Over Sands, United Kingdom.



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## DR. OUTLAW RECEIVES “PEOPLE’S CHOICE AWARD” AT ANNUAL CONFERENCE

**Angulique Outlaw, PhD**, Associate Professor, and her doctoral nursing student, **Jaquetta Reeves**, received the “People’s Choice Award” for the poster “*Condom Use Among Urban African-American Adolescent Females*” which was presented at the 2019 Michigan Council of Nurse Practitioners (MICNP) Annual Conference.



Jaquetta is using data collected by Dr. Outlaw from a service project with African American female youth to complete her dissertation which she defended in May 2019.



Congratulations to Dr. Outlaw and Jaquetta.



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## FORMER DFMPHS POST-DOC NAMED BY REWIRE NEWS AS 1 OF 3 INNOVATORS SHIFTING THE MATERNAL HEALTH NARRATIVE

Shawnita Sealy-Jefferson, PhD was recognized in the April *Rewire News* for her research suggesting where you live matters. That is, women who are homeless, live in transitional lodging or shelters, or public housing are more likely to experience preterm birth than others who live in standard or more stable housing. In addition, her research suggests that less educated Black women living in neighborhoods



with many tax foreclosures are more at risk of giving birth early than those living in the same area but with more than a high-school diploma. She is committed to more research to determine how education and neighborhood interact to affect preterm birth and how place shapes health.

Dr. Sealy-Jefferson was a Post-Doc working with Dr. Dawn Misra. She

is currently an assistant professor at Ohio State as an epidemiologist interested in how neighborhood racism and inequality affect health. Dr. Sealy-Jefferson’s research was co-written by Dr. Dawn Misra and published in the *International Journal of Environmental and Public Health Research* earlier this year.

To read this article in its entirety, please click here: [Rewire News](#)

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## WELCOME TO DFMPHS

We would like to welcome the following individuals who have joined our department in varying roles:

- Frass Ahmed, student volunteer (working with Dr. Towner)
- Relicious Eboh, research temp (working with Dr. Misra)
- Emma Edwards, student volunteer (working with Dr. Towner)
- Hussein Hamade, student volunteer (working with Dr. Towner)
- Gayathri Mudali, Research Assistant (working with Dr. Ellis)
- Lauren Senkbeil, student assistant (working with Dr. Gleason-Comstock)

- Tessa Triest, research temp (working with Dr. MacDonell)



# THE SECTION

Below are the most recent publications from our faculty and staff, whose names are bolded.

- **Tsilimingras D, Zhang L**, Chukmaitov A. Post-discharge Adverse Events among Patients that Received Home Health Care Services [published online ahead of print on June 12, 2019]. Home Health Care Management & Practice. <https://doi.org/10.1177/10848223198560>
- **Hikmet J Jamil**, Salman Rawaf, Alhusian Alsaghayer, John T Lee, Elizabeth Dubois, Tariq Hadithi, Azeem Majeed, Fozia Hamid, Alexandra Swaka, Bengt B Arnetz. Health Assessments of Iraqi Scientists Abroad: Chronic Diseases and Legal Status. ACTA Scientific Medical Sciences, Vol. 3, Issue 7, July 2019

## MICHIGAN AHEC'S MID-CENTRAL REGIONAL CENTER SPONSORS SUCCESSFUL TRIBAL OPIOID CONFERENCE: "BUILDING SOLUTIONS, HEALING COMMUNITIES"

The second State and Regional Opioid Summit entitled, *Building Solutions, Healing Communities* held on June 12<sup>th</sup> and 13<sup>th</sup> by the Saginaw Chippewa Indian Tribe in partnership with the Mid Central AHEC, was a resounding success. The conference drew members from tribal communities from across the state including the Hannahville Indian Community, the Little Traverse Bay Band, and the Sault Ste. Marie Tribe of Chippewas along with members and staff from the Saginaw Chippewa Indian Tribe. Attendees from other agencies and organizations across the state with over 350 people attending this year's conference which was held in Mt. Pleasant, MI.

The Mid Central Regional AHEC applied for opioid funding through the Michigan AHEC Program office last fall and was awarded approximately \$48,000 in HRSA dollars for opioid programming. The tribe conferred Title Sponsor status upon the Mid Central AHEC for not only funding the conference, but also its immersion in the weekly workgroups and collaboration with various tribal departments on conference planning workgroup for almost a year.

The opening speaker for the first day

of the conference was Dr. Ron Shaw, who currently serves as the Medical Director and Chief Executive Officer of the Osage Nation Health Service in Tulsa Oklahoma. He is board certified in Internal and Addiction Medicine and previously served as the past president of the Association of American Indian Physicians. His talk set the stage for the rest of the conference as he presented data on the high rate of opioid addiction in Indian country per one thousand compared to other population groups. He emphasized Medically Assisted Treatment and the need for culturally appropriate programs to more fully engage tribal community members.

Additional speakers included: a representative from Department of Justice and criminal prosecutions of physicians and pharmacists running "opioid mills," Commander Patrice Walker, Deputy Director of the Health and Resource Services Administration, Bureau of Primary Health care speaking on resources for communities to access funding for opioid prevention and Dr. Jeannette Betancourt, Vice President for US Social Impact at Sesame Street who directs research based initiatives designed to impact children's early learning, health and wellbeing to counteract the effects of trauma.

The Saginaw Chippewa Tribe is looking forward to working with the Mid Central AHEC to plan next year's conference. The Mid Central AHEC is grateful for the leadership of the Saginaw Chippewa Indian Tribe and the positive partnership with the tribal community.



For more information about MI-AHEC  
Click on the logo :



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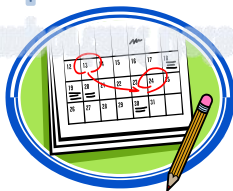
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## Important Dates



### Upcoming WSU Holiday Closures:

Independence Day - July 4  
Labor Day—September 2

### All-Faculty Meeting Dates:

September 18, 2019  
November 13, 2019  
February 19, 2020  
April 15, 2020  
June 17, 2020

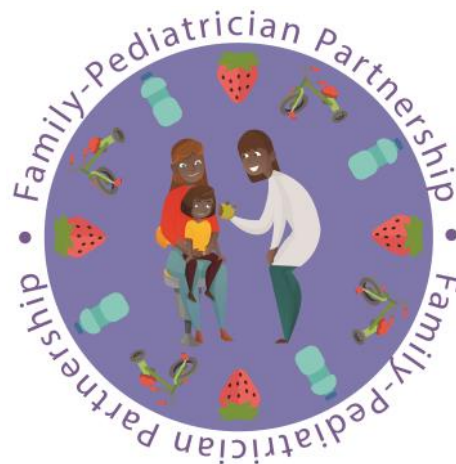
# DR. TOWNER RECEIVES PCORI FUNDING

**Elizabeth Towner, PhD**, Assistant Professor in DFMPHS was selected to receive Eugene Washington Engagement Award funding from the Patient-Centered Outcomes Research Institute (PCORI). Dr. Angulique Outlaw, Associate Professor in DFMPHS and Dr. Hayley Thompson (Department of Oncology/Karmanos Cancer Institute) are Co-Project Leads. The award is also being conducted in partnership with the Office of Community Engaged Research, Merrill-Palmer Skillman Institute, The Greater Detroit Area Health Council, Brilliant Detroit, and The Michigan Organizations To Impact Obesity and Nutrition (MOTION) Coalition.

The aims of this award are to continue building the size and capacity of the Family Pediatrician Partnership community advisory board (FPP-CAB) for patient-centered outcomes research related to reducing obesity inequities in early childhood. Key activities to be completed during the two-year award include adapting and engaging FPP-CAB members in a formal capacity building curriculum, having a member of the FPP-CAB travel to

Colorado to receive training as a Boot Camp Translation methodology facilitator, applying Boot Camp Translation methodology to generate solutions to health priority areas identified by the FPP-CAB, and establishing the Community-Based Obesity Research Network to provide infrastructure for community-academic obesity research partnerships.

Congratulations on this award funding for this important research project!



## Grant Announcements:

4 grants submitted by the department from May - June

Congratulations to Dr. Towner, Dr. Xu, Dr. Carcone and Dr. Misra on new grants and contracts awarded in April and May



## DIVISION OF POPULATION HEALTH CORNER

The Division of Population Health within the Department of Family Medicine and Public Health Sciences would like to share recent accomplishments.

### **Congratulations to Jinping Xu, MD, MS on 2 new grant awards!**

*Two new national awards extend Dr. Jinping Xu's successful research program focused on decision making for prostate cancer treatment and for prostate cancer screening, which has received continuous external funding over the past ~ 15 years!*

Dr. Xu received a 2-year community engagement award of \$250,000 from the Eugene Washington Patient Centered Outcomes Research Initiative (PCORI) that is titled "Best Practices to Engage Black Men in the Development of a Cancer Health Equity Research Agenda". Working closely with Hayley Thompson, PhD at Karmanos Cancer Institute and other nationally recognized experts in Black men's health, this project will identify evidence-based strategies and best

practices for engaging Black men in community capacity-building efforts. Using community engagement approaches, these strategies will be implemented locally to develop a list of cancer-related research topics and priorities that are truly important to Black men. See photo for members of the community advisory board for this project (Dr. Xu second row, third from left).

The second new award is a 3-year ~\$1.3million research grant from the Department of Defense to study racial disparities in the outcomes of a cohort of men diagnosed with low-risk prostate cancer. It is notable that this award extends the follow-up of this cohort, members of which Dr. Xu started recruiting in 2014. The study has a particular interest in the outcomes of those men whose initial treatment decision was Active Surveillance, compared to those who initially chose to be treated with either surgery or radiation

therapy. The co-investigators on this DOD study include Drs. James Janisse, Cathryn Bock, Michael Cher from WSU, and Dr. Michael Goodman from Emory University.



## CONGRATULATIONS, GOOD LUCK AND GOOD BYE TO OUR GRADUATING RESIDENTS

### **FAMILY MEDICINE**

Gypsa Katoch, MD: DMC University Health Center, Detroit MI  
Lilia Peress, MD: Locum Tenens, Nationwide  
Marco Peterson, MD: Palestine Medical Group, Palestine TX  
Starr Whittaker, MD: Columbus Clinic, Columbus GA  
Kaitlin Zeytuncu, MD: IHA—Towsley, Ypsilanti, MI

### **TRANSITIONAL YEAR**

Brian Benenati, MD: Kresge Eye Institute  
Sakeena Fatima, MD: University Hospitals Cleveland Medical Center for Ophthalmology  
Kristi Wu, MD: Mayo Clinic for Dermatology  
Amy Zavell, MD: University of Missouri for Dermatology



Rhonda Dailey, MD is the proud mother of Christina Okezie, an honors graduate who recently earned her bachelor's degree in Political Science and Education Studies from Wellesley College in May. Christina plans to take a year off working as a public policy analyst. After this, she plans to pursue a dual master's degree in public policy and business. Christina hopes to pursue a career that works within education policy.

Congratulations Christina!



## COMMUNITY ENGAGEMENT AND MICROAGGRESSION TRAINING

**Rhonda Dailey, MD**, Assistant Professor, was recently named the Scientific Director of the Office of Community Engaged Research (OCEnR), spearheaded by Phillip Levy, MD, Assistant Vice-President of Translational Science and Clinical Research Innovation (TSCRI) and directed by Parada Jordan, MS. The OCEnR focuses on sustaining health and well-being of community members through citizen engagement, collaboration, and partnerships; and offers a variety of services and trainings to promote community engagement and recruitment in research.

Dr. Dailey was also a member of the planning committee for the Second Annual Community Engaged Research Symposium: Implementing Strategies for Inclusive Research, held on June 17th. The symposium was supported by the community engagement offices of WSU and the Karmanos Cancer Institute.

Dr. Dailey invited guest speaker Dr. Vicki Sapp, Assistant Professor and Director of Student Engagement, Diversity and Inclusion of Geisinger Commonwealth School of Medicine (Scranton, Pennsylvania), who provided both a dynamic talk at the symposium and an invitation-only train-the-trainer session on microaggression. Microaggressions are the everyday slights, indignities, put downs and insults that marginalized people experience in their day-to-day interactions with others. Trainees from different departments and offices will utilize the training to introduce others

in the WSU community about microaggression. Dr. Sapp: "It is a start to the process to create safe spaces and address how to approach difficult conversations that will lead to more understanding, awareness, acceptance and humility. Ultimately, all of these tools will lead to a shift and change in attitudes, beliefs, behaviors and actions to be more welcoming and provide individuals a sense of belonging."



Pictured above left to right: Dr. Vicki Sapp and Dr. Rhonda Dailey

Pictured below: Microaggression trainees from the WSU community

