MPH Practicum Learning Contract

<u>Instructions:</u> Completion of the Learning Contract should occur during your informational meeting with your preceptor or, at the latest, within the first week of practicum work. Prior to completing the Learning Contract, please discuss your role, responsibilities, desired competencies, and timeline with your preceptor.

- 1. **Title of Practicum:** Create a 1-sentence description of your practicum. This should NOT be the name of your site.
- 2. **Background Description of the site/organization:** Write a 1-paragraph description of vour site.
- 3. **Brief Description of Proposed Practicum Work:** Write a 1-paragraph description of the work to be completed during your practicum.
- 4. Identify SMART Objectives:
 - a. Identify any activities or actions that you will participate in over the course of the practicum.
 - b. Identify any final products or deliverables that will be generated from those activities or actions.
 - c. Identify at least three foundational competencies and at least two concentration competencies from the list that follows to be acquired and demonstrated during your practicum.
 - d. Identify a timeline for achieving or completing your deliverables.
- 5. **Preceptor Approval:** Obtain approval of your Learning Contract via your site preceptor's signature on the form.
- 6. **Draft Submission:** Submit this as a draft document via email to the Practicum Director, Michael McLeod, at MichaelMcLeod@wayne.edu and the Practicum & Community Engagement Coordinator, Amanda Compton, at acompton@med.wayne.edu.
- 7. **Feedback and Resubmission:** The Practicum Director will provide feedback on your draft Learning Contract. Please make any necessary revisions and submit a final draft to Michael McLeod.

Definitions:

SMART Objectives: Well-written learning objectives are important for successful completion of this course. Your learning objectives should clearly convey your desired competencies and the activities that you will complete to achieve those competencies. The acronym SMART stands for:

- Specific: What is the specific task?
- Measurable: What are the standards or parameters?
- Attainable: Is the task feasible?
- Realistic: Are sufficient resources available?
- Timely/Time-bound: What are the start and end dates?

For examples and guidance on developing SMART objectives, please review the following CDC resource:

 Developing SMART Objectives: https://www.cdc.gov/phcommunities/resourcekit/evaluate/smart_objectives.html

Activities: Activities are the specific actions taken during the course of your practicum. Practice-based activities should be consistent with attaining your identified learning objectives and tied to your chosen competencies.

Deliverables: Deliverables are the final products that are developed during the course of your practicum. All experiences will not necessarily produce a tangible "product", however; you should be able to identify some culminating event(s) from your practicum. An example of a deliverable is a FEMA training presentation and pamphlet.

Competencies:

Choose at least **three foundational competencies** and at least **two concentration competencies** from this list. The chosen competencies should take into account the proposed practicum work at your site.

Foundational Competencies:

- 1. Apply epidemiological methods to the breadth of settings and situations in public health practice.
- 2. Select quantitative and qualitative data collection methods appropriate for a given public health context.
- 3. Analyze quantitative and qualitative data using biostatistics, informatics, computer-based programming and software, as appropriate.
- 4. Interpret results of data analysis for public health research, policy, or practice.
- 5. Compare the organization, structure, and function of health care, public health, and regulatory systems across national and international settings.
- 6. Discuss the means by which structural bias, social inequities, and racism undermine health and create challenges to achieving health equity at organizational, community, and societal levels.
- 7. Assess population needs, assets, and capacities that affect communities' health.
- 8. Apply awareness of cultural values and practices to the design or implementation of public health policies or programs.
- 9. Design a population-based policy, program, project, or intervention.
- 10. Explain basic principles and tools of budget and resource management.
- 11. Select methods to evaluate public health programs.
- 12. Discuss multiple dimensions of the policy-making process, including the roles of ethics and evidence.
- 13. Propose strategies to identify stakeholders and build coalitions and partnerships for influencing public health outcomes.

- 14. Advocate for political, social, or economic policies and programs that will improve health in diverse populations.
- 15. Evaluate policies for their impact on public health and health equity.
- 16. Apply principles of leadership, governance, and management, which include creating a vision, empowering others, fostering collaboration, and guiding decision making.
- 17. Apply negotiation and mediation skills to address organizational or community challenges.
- 18. Select communication strategies for difference audiences and sectors.
- 19. Communicate audience-appropriate public health content, both in writing and through oral presentation.
- 20. Describe the importance of cultural competence in communicating public health content
- 21. Perform effectively on interprofessional teams.
- 22. Apply systems thinking tools to a public health issue.

Public Health Practice Concentration Competencies:

- 1. Integrate the social determinants of health in the design of interventions within public health systems.
- 2. Apply core public health sciences in the delivery of the 10 Essential Public Health Services.
- 3. Advocate for policies, programs, and resources that improve health in a community.
- 4. Demonstrate willingness to explore cultural elements and aspects that influence decision making by patients, self, and colleagues.
- 5. Incorporate analytic public health skills to evaluate programs and reported studies in terms of rigor, importance, and relevance to professional practice.

Methods in Urban Public Health Competencies:

- 1. Assess and interpret community specific trends from quantitative and qualitative data (risks and benefits to the community, health, and resources, needs, etc.).
- 2. Critique selected policy options in relation to urban populations, using data and information (health, fiscal, administrative, legal, ethical, social, and political).
- 3. Design an intervention to address a public health problem in an urban population and plan an evaluation of the intervention.
- 4. Transform the latest public health research findings into timely and effective knowledge, tools, applications, and policies that improve and advance the health of urban populations.
- 5. Identify approaches for conducting research projects in public health settings.

Timeline: An estimated time frame must be established for achieving each identified objective.

MPH Practicum Learning Contract Approval Form

Student Information

| Name: | | WSU Access ID: |
|-----------------------|---------------------------------|--|
| Email Address: | Concentration: | |
| Academic Advisor: | | |
| Course Information | | |
| Semester: | ☐ Fall ☐ Winter ☐ Spring/Summer | Year: |
| Practicum Start Date | : | Midpoint Review Date: |
| Practicum End Date: | | |
| Practicum Site Infor | | |
| Site Address: | , | |
| Site Preceptor Inform | nation | |
| Name: | | |
| Title: | | |
| Phone Number: | | |
| Email Address: | | |
| Medicine Master of P | ublic Health program stu | by the Wayne State University School of dent and I understand my role and ompletion of this practicum. |
| | | TD / |
| Student: | | Date: |
| Site Preceptor: | | Date: |
| Practicum Director: | | Date: |