

# MPH Practicum Learning Contract

## Instructions

Completion of the Learning Contract should occur during your informational meeting with your preceptor or, at the latest, within the first week of practicum work. Prior to completing the Learning Contract, please discuss your role, responsibilities, desired competencies, and timeline with your preceptor.

## Document formatting

- State the document title **MPH Practicum Learning Contract** near the top of page one
- Use a one-inch margin at the top, bottom, left-hand side, and right-hand side
- Use size 12 Times New Roman font
- Use double-spacing throughout the document
- Insert page numbers on documents that have multiple pages
- Match the font type and size of the other content to the page numbers (*i.e.*, Times New Roman, size 12)
- Include ALL the section headings stated in the guidance below
- State your first and last name, FPH 7440, and semester of enrollment at the top of page one

### 1. Title of practicum

Create a 1-sentence description of your practicum. This should NOT be the name of your site.

### 2. Background description of the site/organization

Write a one-paragraph description of your site.

### 3. Brief description of proposed practicum work

Write a one-paragraph description of the work to be completed during your practicum.

### 4. Identify SMART objectives

- a) From the list that follows, identify three desired foundational competencies and two desired concentration competencies to be acquired and demonstrated during your practicum. Insert the pertinent number after each specified public health competency. For example: “Select communication strategies for different audiences and sectors. (18)”
- b) Identify two deliverables that will document that the desired competencies have been acquired.
- c) Identify any activities or actions that you will participate in over the course of the practicum.
- d) Identify a timeline for achieving or completing your deliverables.

## 5. Draft submission

Submit this as a draft document via the *Draft Learning Contract* assignment tab in Canvas.

## 6. Feedback and resubmission

The Practicum Director will provide feedback on your draft Learning Contract. Please make any necessary revisions and submit a final draft via the *Final Learning Contract and Approval Form* tab in Canvas.

# Definitions

## SMART objectives

Well-written learning objectives are important for successful completion of this course. Your learning objectives should clearly convey your desired competencies and the activities that you will complete to achieve those competencies. The acronym SMART stands for:

- Specific: Does your goal clearly and specifically state what you are trying to achieve?
- Measurable: How will you and your preceptor know if progress is being made on achieving your goal?
- Attainable: What factors may prevent you from accomplishing your goal?
- Relevant: How will achieving this goal affect others? Why is this goal important to you?
- Timely/Time-bound: What are the start and end dates?

**For examples and guidance on developing SMART objectives, please review the following resource: [Developing Smart Objectives](#)**

## Activities

Activities are the specific actions taken during your practicum. Practice-based activities should be consistent with attaining your identified learning objectives and tied to your desired competencies.

## Deliverables

Deliverables are the final products that are developed during the practicum. You must produce **at least two deliverables** that document that the desired competencies have been acquired. Ideally, these deliverables will be in a format that can be transmitted via email and maintained electronically.

## Timeline

An estimated time frame must be established for achieving each identified objective. Use a month-day-year format for clarity (e.g., 05-20-24).

# Desired Competencies

Select **at least three foundational competencies** and **at least two concentration competencies** from this list. The desired competencies should take into account the proposed practicum work at your site.

## Foundational Competencies

### Evidence-based approaches to public health

1. Apply epidemiological methods to settings and situations in public health practice.
2. Select quantitative and qualitative data collection methods appropriate for a given public health context.
3. Analyze quantitative and qualitative data using biostatistics, informatics, computer-based programming, and software, as appropriate.
4. Interpret results of data analysis for public health research, policy, or practice.

### Public health and health care systems

5. Compare the organization, structure, and function of health care, public health, and regulatory systems across national and international settings.
6. Discuss the means by which structural bias, social inequities, and racism undermine health and create challenges to achieving health equity at organizational, community, and systemic levels.

### Planning and management to promote health

7. Assess population needs, assets, and capacities that affect communities' health.
8. Apply awareness of cultural values and practices to the design or implementation, or critique of public health policies or programs.
9. Design a population-based policy, program, project, or intervention.
10. Explain basic principles and tools of budget and resource management.
11. Select methods to evaluate public health programs.

### Policy in public health

12. Discuss multiple dimensions of the policy-making process, including the roles of ethics and evidence.
13. Propose strategies to identify stakeholders and build coalitions and partnerships for influencing public health outcomes.
14. Advocate for political, social, or economic policies and programs that will improve health in diverse populations.
15. Evaluate policies for their impact on public health and health equity.

## Leadership

16. Apply leadership and/or management principles to address a relevant issue.
17. Apply negotiation and mediation skills to address organizational or community challenges.

## Communication

18. Select communication strategies for different audiences and sectors.
19. Communicate audience-appropriate (i.e., non-academic, non-peer audience) public health content, both in writing and through oral presentation.
20. Describe the importance of cultural competence in communicating public health content.

## Interprofessional and/or intersectoral practice

21. Integrate perspectives from other sectors and/or professions to promote and advance population health.

## Systems thinking

22. Apply a systems thinking tool to visually represent a public health issue in a format other than standard narrative.

## Public Health Practice Concentration Competencies

1. Construct community-focused materials to address population health leadership challenges.
2. Propose public health interventions that reflect the social determinants of health for a given community.
3. Synthesize current public health evidence with community and population assessment.
4. Critically align health messaging options in addressing improvement to population health outcomes.
5. Adapt cultural elements and aspects that influence decision making by patients, self, and colleagues.

## Population Health Analytics Concentration Competencies

1. Integrate quantitative data findings to assess community-specific trends.
2. Critically evaluate public health findings within the urban community setting.
3. Adapt an evidence-based intervention to address a public health problem in an urban population with community partners.
4. Appraise public health data disseminated through health communication messaging.
5. Evaluate epidemiological study designs for conducting research.



## Practicum Approval Form

Student Name	
WSU ID/Banner #	
Phone Number	
Email Address	

### Pre-Requisite Course Requirements

<b>6 of 7 Foundation Courses</b>	<input type="checkbox"/> FPH 7011 Foundations of Public Health <input type="checkbox"/> FPH 7012 Social Justice in Public Health <input type="checkbox"/> FPH 7015 Biostatistics I <input type="checkbox"/> FPH 7100 Health Care Organization and Administration <input type="checkbox"/> FPH 7240 Epidemiology <input type="checkbox"/> FPH 7210 Research Methods for Public Health Professionals <input type="checkbox"/> FPH 7300 Public Health Policy
<b>OR</b>	
<b>16 Public Health Credits (See Appendix A)</b>	<input type="checkbox"/> Yes

### Other Pre-Requisite Requirements

<b>CITI Training Certificates emailed?</b>	<input type="checkbox"/> Yes			
<b>Tuberculosis results submitted?</b>	<input type="checkbox"/> Yes			
<b>Intended practicum semester</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%; height: 30px;"></td> <td style="width: 33%;"></td> <td style="width: 33%;"></td> </tr> </table>			



**Typed name and Access ID signifies approval.**

Signatures	Access ID	Date
Student Signature (type name):		
Practicum Director Signature (type name):		

**Appendix A  
MPH Courses and Electives**

Course	Credits
<input type="checkbox"/> FPH 7015 – Biostatistics I	3
<input type="checkbox"/> FPH 7020 – Biostatistics II	3
<input type="checkbox"/> FPH 7100 – Health Care Organization and Administration	3
<input type="checkbox"/> FPH 7120 – Global Public Health	3
<input type="checkbox"/> FPH 7210 – Research Methods for Public Health Professionals	3
<input type="checkbox"/> FPH 7230 – Health Program Evaluation	3
<input type="checkbox"/> FPH 7240 - Epidemiology	3
<input type="checkbox"/> FPH 7250 – Applied Epidemiology	3
<input type="checkbox"/> FPH 7280 – Public Health Community Level Intervention Science	3
<input type="checkbox"/> FPH 7300 – Public Health Policy	3
<input type="checkbox"/> FPH 7350 – Advanced Statistical Programming	2
<input type="checkbox"/> FPH 7320 – Social Basis of Health	3
<input type="checkbox"/> FPH 7350 – Programming for Public Health Practice	3
<input type="checkbox"/> FPH 7420 – Principles of Environmental Health	3
<input type="checkbox"/> FPH 7430 –Applications of Public Health Principles in Practice	2
<input type="checkbox"/> FPH 7510 – Public Health Leadership	2
<input type="checkbox"/> FPH 7760 – Community Health Education	3
<input type="checkbox"/> FPH 7780 – Emerging Topics in Public Health	3
<input type="checkbox"/> FPH 7860 – Principles in Occupational Health	3
<input type="checkbox"/> FPH 7990 Directed Study in Public Health Practice	1-2
<input type="checkbox"/> ANT 6680 – Studies in Cultural Anthropology	3
<input type="checkbox"/> ANT 7260 – Urban Poverty and Racial Segregation	3
<input type="checkbox"/> ANT 7605 – Problems and Concepts in Medical Anthropology: Global Health Equity	3
<input type="checkbox"/> ANT 7680 – Medical Anthropology I	3
<input type="checkbox"/> ANT 7690 – Medical Anthropology II	3
<input type="checkbox"/> BA 6015 – Marketing Foundations	2
<input type="checkbox"/> BA 7020 – Corporate Financial Management	3
<input type="checkbox"/> BA 7050 – Marketing Strategy	3



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□ BA 7070 – Social Perspectives on the Business Enterprise	3
□ CB 7430 – Cancer Epidemiology	2
□ COM 6180 – Principles of Health Communication	3
□ CM 7150 – Micro-Level Organizational Communication	3
□ COM 7170 – Health and Risk Communication	3
□ ECO 6550 – Advanced Economics of Health Care	4
□ EER 7650 – Computer Use in Research	3
□ EER 7870 – Fundamentals of Qualitative Research	3
□ EER 7880 – Fundamentals of Ethnographic Research	3
□ HE 6350 – Health Education and the Nation’s Health	3
□ HE 6420 – Introduction to Health Education Program Design	3
□ HE 7200 – Grant Writing and Management in the Health Sciences	3
□ ISM 7570 – Data Mining	3
□ NFS 6000 – Nutritional Biochemistry	3
□ NFS 6030 – Microbiological Safety of Foods	3
□ NFS 6210 – Nutrition through the Life Cycle	3
□ NFS 6270 – Eating Behavior and Body Weight Regulation	3
□ NFS 7240 – Nutritional Epidemiology	3
□ NUR 7745 – Immigration and Health	3
□ NUR 7865 – Foundations of Complementary and Alternative Medicine	3
□ NUR 8210 – Health Determinants: Focus on Urban Environments	3
□ PHC 6500 – Drugs and the Addictive Process	3
□ PPR 6560 – Foundations in Global Health	2
□ PPR 7225 – Vaccines in Clinical and Public Health Practice	2
□ PSY 8310 – Health Psychology II	3
□ PSY 8350 – Community Psychology	3
□ SOC 6750 – Sociology of Urban Health	3
□ SOC 7260 – Qualitative Sociology	3
□ SOC 8700 – Seminar on Race & Gender Inequalities	4
□ SW 6535- Juvenile Delinquency: Social Functioning	2-4
□ SW 6540 – The Effects of Drugs & Alcohol on Social Functioning	3
□ SW 6575 – Violence Prevention and Intervention	3
□ SW 6810 – Lesbian, Gay, Transgender Queer Health and Well Being	1
□ SW 6991 – Special Topics: Violence Prevention and Intervention	3
□ SW 7570 – Women’s Roles and Issues in Contemporary Contexts	3
□ SW 7720 – Social Welfare Policy	3
□ SW 8048 – Social Action Research and Evaluation	3
□ SW 8065 – Advanced Systems Theories and Practice	4
□ SW 8075 – Theories and Practice of Community Building/Development	
□ SW 8085 – Theories and Practice of Social Policy and Social Action	
□ UP 5610 – Managing Public Participation	3
□ UP 6340 – Community Development	3



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<input type="checkbox"/> UP 6700 – Geographic Information Systems	4
<input type="checkbox"/> UP 6830 – Advanced GIS	4
<b>TOTAL CREDITS</b>	