Rachel Mahas, Ph.D., M.S., M.P.H.

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Faculty Appointments

Faculty Appointments at Wayne State

08/10/2020 - Present Assistant Professor (Clinical), School of Medicine, Department of Family Medicine and Public Health

Sciences

Faculty Appointments at Other Institutions

| 08/2018 - 10/2020 | Adjunct Instructor, Public Health, Simmons University |
|-------------------|------------------------------------------------------------------------------------------------------------------------------|
| 2016 - 2020 | Assistant Professor, Department of Population Health Nursing, College of Nursing and Health, Madonna University, Livonia, MI |
| 2013 - 2016 | Doctoral Instructor, Health and Human Services Department, University of Toledo, Toledo, OH |

Hospital or Other Professional Appointments

| 2018 - 2020 | Program Director, Master of Public Health, Two tracks: 1) Health Care Informatics and Quality Transformation and 2) Population Health Care Management, Madonna University, Livonia, MI |
|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2018 - 2020 | Master of Public Health Program Development, College of Nursing and Health, Madonna University, Livonia, MI |
| 2018 - 2020 | Subject Matter Expert for courses in the Master of Science in Nursing, College of Nursing and Health, Madonna University, Livonia, MI |
| 2018 - 2020 | Subject Matter Expert for the Master of Public Health curriculum, College of Nursing and Health, Madonna University, Livonia, MI |
| 08/2016 - 08/2020 | Assistant Professor Population Health, College of Nursing and Health, Madonna University, liVONIA, MI, United States of America |

Education

Education

| 08/2013 - 08/2016 | Ph.D., Health Education University of Toledo, School of Population Health, Toledo, OH, United States of America Cognate: Epidemiology |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| 05/2013 | M.S., Basic Medical Sciences Wayne State University, School of Medicine, Detroit, MI |
| 05/2010 | M.P.H., Community Health Georgia Southern University, Savannah, GA |
| 12/2007 | B.S., Clinical Laboratory Sciences Georgia Southern University, Savannah, GA with Honors |

Additional Training

| 02/2021 | Certified Peer Reviewer Course. Elsevier Journal Completed Certified Peer Reviewer Course |
|---------|------------------------------------------------------------------------------------------------------------------------------------------------|
| 2017 | Million Hearts Fellow Ohio State, United States of America |
| 2015 | Online Teaching Certificate University of Toledo, Toledo, OH, United States of America |
| 2015 | Certificate of Completion, How Do I Use VoiceThread for Online Student Discussions? University of Toledo, Toledo, OH, United States of America |

Professional Society Memberships

| 01/2022 - 01/2023 | Association for Prevention Teaching and Research |
|-------------------|--------------------------------------------------------|
| 09/2020 - Present | American Public Health Association |
| 2018 - 2019 | Michigan Health Informatics Management Systems Society |
| 2016 - 2017 | Population Association of America |
| 2013 - 2019 | American Public Health Association |
| 2013 - 2015 | Society for Public Health Education |
| 2013 - 2015 | Ohio Society for Public Health Education |

Honors / Awards

| 07/2016 Student Assem | ably Scholarship, American Public Health Association |
|------------------------|---------------------------------------------------------|
| 07/2015 21st Century S | tudent Scholarship, Society for Public Health Education |
| 11/2014 Award winnin | g research in school health, APHA School Health Section |

YRBS 20-year trends showed racial/ethnic disparities in school-based HIV/AIDS education among

adolescents

https://aphanew.confex.com/apha/142am/webprogram/Paper306976.html

Teaching

Teaching at Wayne State University

Faculty

| 01/2023 - Present | FPH 7011- Foundations of Public Health, Instructor |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08/2022 - 12/2022 | FPH 7011- Foundations of Public Health, Course Direction, Didactic / Traditional Course Teaching, Lectures, Online Instruction, Facilitator, Instructor |
| 08/2022 - 12/2022 | FPH 7300- Public Health Policy, Lectures, Facilitator, Instructor |
| 01/2022 - 05/2022 | FPH 7011/ Foundations of Public Health, Course Direction, Didactic / Traditional Course Teaching, Online Instruction, Course Director, Instructor |
| 08/2021 - 12/2022 | FPH 7011/ Foundations of Public Health, Course Direction, Online Instruction, Facilitator, Instructor |
| 01/2021 - 05/2021 | FPH 7320/Social Basis of Health, Course Direction, Lectures, Online Instruction, Instructor |

Teaching at Other Institutions

Faculty

| 05/2020 - 07/2020 | Madonna University, Leadership and Systems Thinking in Public Health, Madonna University, Course Direction, Lectures, Instructor |
|-------------------|----------------------------------------------------------------------------------------------------------------------------------|
| 08/2018 - 12/2020 | Simmons University, Health Policy Analysis/ MHEO440, Course Direction, Lectures, Online Instruction, Instructor |

| 02/2018 - 07/2020 | Madonna University, Health Promotion for Advanced Nursing Practice/NUR 5240, Lectures, Course Director, Instructor, Lecturer |
|-------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| 08/2017 - 07/2020 | Madonna University, Health Policy Analysis and Advocacy/NUR 5120/7010, Lectures, Online Instruction, Facilitator, Instructor |
| 01/2017 - 12/2019 | Madonna University, Translating & Integrating Scholarship into the Advanced Nursing Practice/NUR5150, Course Direction, Lectures, Instructor |
| 08/2016 - 05/2020 | Madonna University, Doctor of Nursing Practice (DNP) Practicum/DNP8700, Course Direction, Clinical Instructor, Instructor |

Graduate (Masters, Ph.D., Pharm.D., etc.)

| 2020 - 09/2021 | Madonna University, Master of Public Health Advisor- Population Healthcare Management and Healthcare Informatics Tracks, Mentoring / Advising, Mentor |
|----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2020 | Madonna University, Foundations of Public Health, MPH (Winter Semester) |
| 2019 | Madonna University, Health Communication and Strategies, MPH (Fall) |
| 2018 - 2020 | Simmons University, Health Policy Analysis and Change, MPH |
| 2017 - 2020 | Madonna University, Health Policy Analysis and Advocacy, MSN/MPH |
| 2017 - 2019 | Madonna University, Health Promotion, MSN |
| 2017 - 2018 | Madonna University, Translating & Integrating Scholarship into the Advanced Nursing Practice, MSN |
| 2017 | Madonna University, Mentor Health Sciences students on presentation for Million Hearts poster (Spring), Mentoring / Advising, Mentor |
| 2016 - Present | Madonna University, Master of Science in Nursing Acute Care Nurse Practitioner Advisor, Mentoring / Advising, Mentor |
| 2016 - 2020 | Madonna University, Doctor of Nursing Practice Practicum - Population Health Section |
| 2016 - 2017 | Madonna University, Impacting Change for Advanced Nursing, MSN |

Undergraduate

| 2016 | University of Toledo, Doctoral Student Coach to supervise Undergraduate Public Health Students (2 students, Spring), Mentoring / Advising, Mentor |
|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| 2015 - 2016 | University of Toledo, Prevention and Control of Disease (Spring Semester) |
| 2015 | University of Toledo, Doctoral Student Coach to supervise Undergraduate Public Health Students (4 students, Summer), Mentoring / Advising, Mentor |
| 2014 - 2015 | University of Toledo, Women's Health Care (Fall Semester) |
| 2013 - 2014 | University of Toledo, Medical Terminology (Spring and Fall Semesters) |

Other

2017 Madonna University, Teaching - Learning Principles and Strategies, Nurse Educator Certificate (Summer)

Essays / Theses / Dissertations

| 2020 - 2020 | Rowena Teodora, NP, Doctoral, Doctor in Nursing Practice Committee, Mahas R (Committee Member) |
|-------------|-------------------------------------------------------------------------------------------------|
| 2019 - 2020 | Helen Burns, NP, Doctoral, Doctor in Nursing Practice Committee, Mahas R (Chair / Co-Chair) |
| 2019 - 2020 | Kathleen Fasing, NP, Doctoral, Doctor in Nursing Practice Committee, Mahas R (Committee Member) |

Course or Curriculum Development

08/2022 - 12/2022 FPH 7300- Public Health Policy, Graduate (Masters, Ph.D., Pharm.D., etc.), Wayne State University *Course Description:*

The purpose of this course is to provide a general overview of the U.S. health policy system; learn about effective

methods to influence the policy process; and develop written and verbal advocacy communication skills through an

applied learning project.

Specifically, this course will provide a sophisticated understanding of the health policy making infrastructure, process, and

impact, through various theoretical lenses and policy case studies. The course will examine the importance of historical, cultural...

Aligned the following competencies to the course:

CEPH 9. Design a population-based policy, program, project or intervention

CEPH 13. Propose strategies to identify stakeholders and build coalitions and partnerships for influencing public

health outcomes

CEPH 14. Advocate for political, social or economic policies and programs that will improve health in

diverse populations

CEPH 15. Evaluate policies for their impact on public health and health equity

06/2021 - 12/2021 Foundations of Public Health, Graduate (Masters, Ph.D., Pharm.D., etc.), Wayne State University, Detroit

Creation of course content and facilitation of this new course in the revised MPH curriculum

01/2021 - Present MPH program revision, Graduate (Masters, Ph.D., Pharm.D., etc.), Wayne State University

Creation of course content and facilitation of revised MPH curriculum. Approval from accreditation body

for MPH program's curriculum.
Ongoing specific course revisions.

2019 - 2020 Graduate Studies Committee, Graduate (Masters, Ph.D., Pharm.D., etc.), Madonna University, Livonia, MI

Curriculum development at the university level

05/2018 - 05/2020 MPH Program and course development, Graduate (Masters, Ph.D., Pharm.D., etc.), Madonna University,

Livonia, MI, United States of America Developed Program and multiple courses

Research

Funded Research

Funded

Role: Co-Investigator, Percent Effort: Unknown %

Van Wasshenova E (Co-Investigator), Everhart FJ (Principal Investigator)

Title: Health Educators Advocacy and Public Policy Involvement

Sponsor Name: University of Toledo Department of Health and Recreation Professions

01/2014 - 12/2014

Total Award: \$ 1,975, Educational Institutions

Role: Co-Investigator, Percent Effort: 20 % T52HP46783-01-00

Juliann Binienda (Principal Investigator), Michael McLeod (Co-Investigator)

Title: The Lighthouse Project scholarship program: Guiding the community to safety, equity and justice, his

program is designed to increase the quantity and quality of the public health workforce in Wayne County and the state of Michigan. Funding provides full tuition-based scholarships for the MPH degree at WSU. Also creation of emergency preparedness graduate-level courses.

Sponsor Name: US Health and Human Services, Health Resources and Services Administration

10/2022 - 08/2025

Total Award: \$ 1,494,129.00, Federal

Role: Co-Investigator, Percent Effort: 10 % 22-1394

Elizabeth Towner (Principal Investigator), Jinping Xu (Co-Investigator)

Title: Community Education Campaign to Tackle Long COVID.

Sponsor Name: Detroit Medical Center Foundation

04/2023 - 03/2024

Total Award: \$99, 799, Foundations / Associations / Societies

Role: Principal Investigator, Percent Effort: 0 %

Juliann Binienda (Co-Investigator)

Title: Analysis of MPH Program Competencies - Preparation for CEPH Reaccreditation, Long COVID highlights various social an economic inequities within communities of color. This project will employ a collaborative approach to reduce Long COVID inequities through improving awareness, knowledge, and attitudes about Long COVID within the city of Detroit, and its local region.

Sponsor Name: WSU Program Assessment Grants

09/2022 - 09/2023

Total Award: \$ 3000, Institutional (Wayne State University)

Role: Co-Investigator, Percent Effort: 5% % Jinping Xu, MD, MS (Principal Investigator)

Title: Building Primary Care Research Capacity for COVID-19-Related PCOR/CER in Metro Detroit

Sponsor Name: PCORI 12/2021 - 05/2023

Total Award: \$\$199,647, Not for Profit

Submitted for Review

Role: Principal Investigator, Percent Effort: 15 %

Rochelle Chapman (Co-Investigator), Ariel Washington (Co-Investigator)

Title: Engaging Churches in HPV Vaccination Education Campaign: an FCRN Initiative

Sponsor Name: Detroit Medical Center Foundation

05/2023 - 04/2024

Total Award: \$99,468, Foundations / Associations / Societies

Submitted - Not Funded

Role: Principal Investigator, Percent Effort: 17 % R-2101-148006 Title: Healthy food access and eating through a community garden

Sponsor Name: Michigan Health Endowment Fund

01/2021 - Present

Total Award: \$\$99,698, Foundations / Associations / Societies

Publications

Peer Reviewed

Key: CV Holder, Corresponding Author^, Equal Contributor~, Junior Faculty, Student*, Trainee

Original Observations

- Knippen KL, Mahas R, Van Wasshenova E. Outcome Expectancies, Health Information Seeking, and Cancer Beliefs
 Associated with Multivitamin/Mineral Use in a National Sample, HINTS-FDA 2015.. Journal of the Academy of Nutrition and
 Dietetics. 08/01/2020;120(8):1368-1376. PubMed PMID: 32061553.
- 2. Fasing, K, Clark, P, Mahas, R, Ashker, V, Oral, H. Telemedicine: Enabling Patients with Arrhythmias in Self-Care Behaviors. Journal of Clinical Research and Medicine. 06/2020;3(2). doi: 10.31038/JCRM.2020326.
- 3. Murray AB, Boardley D, Wasshenova EV, **Mahas R**, Kiviniemi MT, Tipton J, Geers AL. Affective determinants of physical activity in cancer survivors.. Psychology & health. 05/01/2020;35(5):593-612. PubMed PMID: 31657226. doi: 10.1080/08870446.2019.1658761.

- 4. Geers AL, Van Wasshenova E, Murray AB, **Mahas R**, Fahlman M, Boardley D. Affective associations as predictors of health behavior in urban minority youth.. Health psychology: official journal of the Division of Health Psychology, American Psychological Association. 10/01/2017;36(10):996-1005. PubMed PMID: 28836798. doi: 10.1037/hea0000546.
- Kerr DL, Van Wasshenova E, Mahas R, Everhart FJ, Thompson A, Boardley D. Advocacy and Public Policy Perceptions and Involvement of Master Certified Health Education Specialists.. Health promotion practice. 09/01/2017;18(5):706-714. PubMed PMID: 28812931.
- 6. **Mahas R**, Van Wasshenova E, Everhart FJ, Thompson A, Boardley D. Public Policy Involvement by Certified Health Education Specialists: Results of a National Study.. Health promotion practice. 09/01/2016;17(5):668-74. PubMed PMID: 27402718. doi: 10.1177/1524839916658652.
- 7. **Mahas R**, Sheu JJ, Singh S, Jordan T, Geers A. Racial/ethnic disparities, body weight, and psychosocial antecedents that predict women's failure to meet Pap test screening national recommendations. Translational Cancer Research. 2016;5(5):S983-S992.
- 8. Van Wasshenova E, **Mahas R**, Everhart FJ, Thompson A, Boardley D. Advocacy practices in Ohio MCHES and CHES health educators. Health Educator. 2015;47(2).
- 9. Everhart FJ, Van Wasshenova E, Mahas R, Kerr D, Boardley D, Thompson A. Health education faculty's perceptions and practices regarding advocacy. American Journal of Health Studies. 2015;30(4).

Key: CV Holder, Corresponding Author^, Equal Contributor~, Junior Faculty, Student*, Trainee

Editorials / Commentaries

1. Rachel Mahas, Anne Victoria Neale. Cervical cancer prevention in the United States and United Kingdom: where are we now and what's next?. Family Practice. 03/2022. PubMed PMID: 35348683. doi: 10.1093/fampra/cmac018.

Key: CV Holder, Corresponding Author^, Equal Contributor~, Junior Faculty, Student*, Trainee

Other

1. Theresa Kyle. Infectious diseases. Primary Care Pediatrics for the Nurse Practitioner: A Practical Approach. 07/2021. Chapter reviewer. See: https://www.google.com/books/edition/Primary_Care_Pediatrics_for_the_Nurse_Pr/ijsgEAAAQBAJ? hl=en&gbpv=1&printsec=frontcover

Media

Mahas, R. Join the fight against human trafficking: Toledo Blade: https://www.toledoblade.com/OpEd/2016/06/04/Join-the-fight-against-human-trafficking/stories/20160603269; 2016
 Letter to the Editor

Presentations

Podium

International / National

- 1. M G Bah *, Z Vahidy*, A Chen, K Hart*, S Eden, R Mahas. A long-term follow up study of racial disparities in employment status following traumatic brain injuries. 2022 American Association of Neurological Surgeons Annual Scientific Meeting; 05/2022; Philadelphia, PA
- 2. **Mahas R**, Sheu JJ. 22-year longitudinal study identified distinct trends in school-based HIV/AIDS education. American Public Health Association 135th Annual Meeting; 11/2016; Denver, CO
- 3. Van Wasshenova E, **Mahas R**, Murray A, Geers A, Boardley D, Fahlman M. Positive Feelings Predict Nutrition Behaviors in Urban Adolescents. American Public Health Association 135th Annual Meeting; 10/2016; Denver, CO
- 4. Van Wasshenova E, **Mahas R**, Everhart FJ, Thompson A, Boardley D. Public Policy and Advocacy Involvement by Health Education Faculty and Health Educators. Society for Public Health Education 66th Annual Meeting; 04/2015; Portland, OR

5. **Mahas R**, Sheu JJ. YRBS 20-year Trends Showed Racial/ethnic Disparities in School-based HIV/AIDS Education among Adolescents. American Public Health Association 133rd Annual Meeting; 11/2014; New Orleans, LA

Regional / Local

 Karmakar M, Mahas R, Evans N, Jordan T, Thompson A, Boardley D. Utilization of Breast Cancer Screening in Patients with Mental Illnesses: A Review of the Scientific Literature. Ohio Society for Public Health Education Health Educator's Institute Conference; 10/2013, OH

Posters

International / National

- A Chacon, E Jurado, H Kessler, K Martin, J Nardolillo, R Mahas. Assessment of Knowledge Regarding Resources to Combat Alcohol Use Disorder within the LGBTQ+ Community. Teaching Prevention 2022; 03/2022; virtual FPH 7011 course project
- 2. N Akcasu*, D Boorle*, L Braman*, P Chalasani*, H Begum*, R Mahas. Community Perspective on primary care access in the City of Detroit. Teaching Prevention 2022; 03/2022; virtual FPH 7011 course project
- 3. R Mahas. Public Health Curriculum Remodeling through the Lens of Lewin's Change Model:Importance of Stakeholders' Involvement in the Change Process. Teaching Prevention 2022; 03/2022
- 4. R Mahas. Assessment of guideline adherence to Pap test screening: Analysis of 2020 Health Information National Trends Survey. Nursing Education and Health Care; 10/2021
- 5. Knippen K, **Mahas R**, Van Wasshenova E. MVI Use & Cancer Prevention Beliefs in a National Sample: HINTS, FDA 2015. Academy of nutrition and Dietetics, Food and Nutrition Conference; 2018; Washington DC
- 6. Murray AB, Van Wasshenova E, **Mahas R**, Schropp R, Tran J, Maras J, Horn J, Howard S, Junkins E, Tipton J. Comparing Cancer Survivors' Cognitions and Affective Associations towards Nutritious Foods. Society for Personality and Social Psychology; 2018; Atlanta, GA
- 7. **Mahas R**, Sheu JJ, Singh S, Jordan T, Geers A. Predictors of women 1s non-adherence to Pap test screening national recommendations: Use of the modified integrated behavioral model. American Public Health Association 136th Annual Meeting; 11/2017; Atlanta, GA
- 8. **Mahas R**, Sheu JJ. Mapping the Psychosocial Variables that Predict Cervical Cancer Screening Behavior. American Public Health Association 135th Annual Meeting; 10/2016; Denver, CO
- 9. Murray AB, **Mahas R**, Van Wasshenova E, Stuck A, Simon M, Besly S, Spoerl D, Fahlman M, Boardley D, Geers AL. Clarifying the Determinants of Healthy and Unhealthy Behaviors in Urban, Minority Teenagers: Distinct Roles of Positive and Negative Affect. Society for Personality and Social Psychology; 02/2016; San Diego, CA
- 10. Van Wasshenova E, **Mahas R**, Murray A, Boardley D, Geers A. Feeling Measures and Cognitive Beliefs as Predictors of Physical Activity. American College of Sports Medicine; 2016; Boston, MA
- 11. **Mahas R**, Van Wasshenova E, Murray A, Fahlman M, Boardley D, Geers A. Relationship between Affective Associations and Cognitive Factors in Self-Reported Physical Activity and Food Intake in Adolescents. Society for Nutrition Education and Behavior; 07/2015; Pittsburgh, PA
- 12. Van Wasshenova E, **Mahas R**, Murray A, Geers A, Boardley D, Fahlman M. Affective Associations and Reported Intake of Fruit, Vegetables, and Grains in University Students. Society for Nutrition Education and Behavior; 07/2015; Pittsburgh, PA
- 13. **Mahas R**, Thompson A, Everhart FJ. Lessons Learned: Mobile Mammograms. American Public Health Association 133rd Annual Meeting; 11/2014; New Orleans, LA

Regional / Local

Tirumala S, Towner E, Mahas R, Neale AV, Dawson Z, Friday A, Xu J. Building Primary Care Research Capacity for Covid-19 related PCOR/CER in Metro-Detroit. 6th Annual Research Day, Department of Family Medicine and Public Health Sciences; 04/2022

- 2. A Gefter*, R Mahas, JJ Sheu, CC Sheng. Twenty-Two Year Trend Comparison Showed Racial/Ethnic Disparities in School-Based HIV/AIDS Education Among Adolescents. 6th Annual Research Day, Department of Family Medicine and Public Health Sciences; 04/2022; Detroit, MI
- 3. C Nguyen*, J Green*, A Gefter*, R Shaheen*, R Mahas. Human Cytomegalovirus: A Lack of Counseling by OB/GYNs. 6th Annual Research Day, Department of Family Medicine and Public Health Sciences; 04/2022; Detroit, MI FPH 7011 course project
- 4. Y Khoury*, K Graham-McNeil*, M Makled*, M Pavliscak*, A Pradhan,*, R Mahas. Cardiovascular Disease (CVD) in Dearborn, Michigan. 6th Annual Research Day, Department of Family Medicine and Public Health Sciences; 04/2022; Detroit, MI
- 5. Barczak, A*, Van Wasshenova, E, Mahas, R. Associations of Electronic Wearable Device Use and Meeting Physical Activity Recommendations in Cancer Survivors. Midwest American College of Sports Medicine; 11/2021
- 6. **Mahas R**, Sheu JJ, Singh S, Jordan T, Geers A. Depression and anxiety, racial/ethnic disparities, and body weight predict women's non-adherence to Pap test screening national recommendations. Madonna University, College of Nursing and Health, Celebration of Scholarship; 04/2017; Livonia, MI
- 7. **Mahas R**, Van Wasshenova E, Geers A, Hutzelman E, Boardley D. Interplay of Affective and Cognitive Factors towards Influenza Risk Perceptions in College Students. Midwest Graduate Research Symposium; 04/2015; Toldeo, OH
- 8. Van Wasshenova E, **Mahas R**, Geers A, Boardley D. Affective Associations and Reported Food Intake in University Students. Midwest Graduate Research Symposium; 04/2015; Toldeo, OH
- 9. **Mahas R**, Van Wasshenova E, Karmakar M, Jordan T, Thompson A, Boardley D, Didion K. Results of Pilot Testing a "Pathways Style" Navigation System for Breast Health among Women in a Community Mental Health Setting. Ohio Society for Public Health Education Health Educator's Institute Conference; 10/2014; Toldeo, OH

Invited Lectures

International / National

 Mahas, R. Introduction to Public Health Montserrat Community College. Montserrat Community College; 12/15/2020; Plymouth, Montserrat

Lecture on Public Health and COVID-19 to college students via online.

Regional / Local

- 1. R Mahas. Introduction to Epidemiology.; 04/2022; Detroit, MI Introduction to Epidemiology. Invited speaker to Year 2 Wayne State University Students. Virtual lecture and group learning activities for 300 students. Total 4 hours. April, 2022.
- 2. Mahas, R. Presentation on Research to Cohort Nurse Residency group St. Mary's Hospital; 05/2021; Livonia, MI, United States of America

Development of research questions

- 3. Mahas, R. Introduction to Epidemiology. Invited speaker to Year 2 Wayne State University Students. Virtual lecture and group learning activities for 300 students. Total 4 hours. April, 2021.; 04/2021; Detroit, MI, United States of America *Virtual lecture and group learning activities for 300 students on Epidemiology.*
- 4. Mahas, R. Presentation on Research to Cohort #8 Nurse Residency group St. Mary's Hospital; 03/2020; Livonia, MI, United States of America
- 5. Mahas, R. Presentation on Abstract Writing to Cohort #4 Nurse Residency St. Mary's Hospital; 03/2019; Livonia, MI, United States of America

Service

Wayne State University Service

University

08/2022 Member, Public Health School Exploratory Committee, Wayne State University

| 09/2021 | Member, Graduate Program Director Committee, Graduate School |
|---------|--------------------------------------------------------------|
| 11/2020 | Member, Graduate Directors Meetings, Graduate School |

Department / Division

| 01/2023 | Co-Chair, Department of Family Medicine and Public Health Sciences Research Committee, Department of Family Medicine and Public Health Sciences, Division of Population Health |
|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08/2021 | Member, Epsilon Kappa chapter of Delta Omega, Department of Family Medicine and Public Health Sciences |
| 01/2021 - 04/2022 | Member, Department of Family Medicine and Public Health Sciences Research Committee, Department of Family Medicine and Public Health Sciences <i>Member</i> |
| 01/2021 | Chair, MPH External Advisory Committee, Department of Family Medicine and Public Health Sciences |
| 11/2020 | Chair, MPH Program Faculty Committee, Department of Family Medicine and Public Health Sciences |
| 11/2020 | Chair, MPH Internal Advisory Committee, Department of Family Medicine and Public Health Sciences |
| 08/2020 - Present | Member, Program Evaluation Committee, Department of Family Medicine and Public Health Sciences |
| 08/2020 - Present | Member, Curriculum Committee, Department of Family Medicine and Public Health Sciences |
| 08/2020 - Present | Director, Program Director, Department of Family Medicine and Public Health Sciences |

Other Professionally Related Service

Professional

| 08/2022 - Present | Other Role - Site Visitor, Site Visitor, Council on Education for Public Health (CEPH) Serve as a site visitor for CEPH for accrediting Master of Public Health and Bachelor of Science in Public Health programs. Training occurred in summer 2022 and was granted site visitor status fall 2022. |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 02/2022 - Present | Member, Curriculum Development Committee, Karmanos Cancer Institute Office of Cancer Health Equity & Community Engagement |
| 05/2021 - Present | Member, Council on Linkages Between Academia and Public Health Practice -Core Competencies, Public Health Foundation http://www.phf.org/programs/corecompetencies/Pages/Council_on_Linkages_Core_Competencies_WG.aspx |
| 04/2021 - 04/2022 | Other Role - Attendee, CEPH Workshop, Council on Education for Public Health CEPH accreditation workshop for public health programs and schools. |
| 05/2019 | Other Role - Attendee, Racial Justice Workshop (online), Simmons University, Boston, MA |
| 08/2017 - 07/2020 | Member, Institutional Review Board, Madonna University |
| 02/2017 - Present | Co-Chair, Public Health Education and Health Promotion's Scholarship and Development Committee, American Public Health Association |
| 2017 | Organizer / Coordinator, From Omics to Data Science Boot Camp, National Institute of Nursing Research Precision Health Bethesda, Maryland |
| 2015 - Present | Reviewer / Evaluator, Conference Abstract Review Committee, American Public Health Association |
| 2014 - 2016 | Other Role - Student Liason, University of Toledo, American Public Health Association |
| 2014 | Reviewer / Evaluator, Conference Abstract Review Committee, SOPHE, Portland, OR |
| | |

Community

| 05/2022 - Present | Member, Faith Community Research Network, Wayne State University and Karmanos Cancer Institute <i>Member- help with grant writing.</i> |
|-------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| 07/2021 - 08/2022 | Member, Connect to Protect Detroit, Wayne State University |
| 06/2021 - 06/2021 | Presenter / Speaker, Presentation on Research to Cohort Nurse Residency group, St. Mary's Hospital |
| 2020 | Presenter / Speaker, Presentation on Research to Cohort #8 Nurse Residency group, St. Mary's Hospital, Livonia, Michigan |

| 2018 | | Presenter / Speaker, Presentation on Abstract Writing to Cohort #4 Nurse Residency group, St. Mary's Hospital, Livonia, Michigan |
|--------------|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2018 | | Presenter / Speaker, Presentation on Research to Cohort #3 Nurse Residency group, St. Mary's Hospital, Livonia, Michigan |
| 2017 - | - 2020 | Volunteer, Million Hearts Fellow Academic Service Learning, St. Edith's Church, Livonia, Michigan Million Hearts Initiative in conjunction with Ohio State University, Ohio |
| 2015 - | - 2016 | Other Role - Exhibit Preparation Team Leader, The Center for Health and Successful Living's Breast, Cervical and Prostate Cancer Screening Education, Toledo Pride Festival |
| 2014 - | - 2016 | Other Role - Health Educator, The Center for Health and Successful Living Breast Cancer Screening Day, University of Toledo Medical Center |
| 2014 - | - 2016 | Member, Human Trafficking Coalition, Lucas County |
| <u>Other</u> | • - | |
| 2017 - | Present | Member, Institutional Review Board, Madonna University |

| 2017 - 11CSCIII | Member, institutional Review Board, Madolina Oniversity |
|-----------------|---------------------------------------------------------------------------------------------------|
| 2017 - Present | Member, Online Advisory Board, Madonna University |
| 2016 - Present | Member, Graduate Curriculum Advisory Committee, Madonna University, College of Nursing and Health |

Peer-Reviewed Journals

Manuscript Review

2017 - Present Public Health, Elsevier

Reviewer of Public Health, a journal by Elsevier