

DEPARTMENT OF FAMILY MEDICINE & PUBLIC HEALTH SCIENCES



FAMILY MEDICINE INTEREST GROUP (FMIG) RECOGNIZED FOR EXCELLENCE

**Tweet from Chair,
Tsveti Markova, MD, FAAFP**



What an amazing 2017! So proud of our department's accomplishments! A big "thank you" to all.



Department of Family Medicine and Public Health Sciences

Mission Statement

We are committed to improving the health, well-being, and environment of individuals, families, and communities by advancing the science and practice of family medicine and public health through innovation and excellence in research and education.

Acronym Soup



AHRQ—Agency for Healthcare Research & Quality

www.ahrq.gov

The Agency for Healthcare Research and Quality's mission is to produce evidence to make health care safer, higher quality, more accessible, equitable, and affordable, and to work within the U.S. Department of Health and Human Services and with other partners to make sure that the evidence is understood and used.

On July 28, during the National Conference of Family Medicine Residents and Medical Students, Wayne State University (WSU) School of Medicine's Family Medicine Interest Group (FMIG) was one of just 10 FMIGs from across the country to be recognized by the AAFP FMIG Network with a Program of Excellence Award. This is the third time in seven years that the WSU FMIG was recognized with this award of distinction for overall program excellence in stimulating student interest in Family Medicine and Family Medicine programming.

"The Department is honored with this prestigious award," said Tsveti Markova, MD, FAAFP, Professor and Chair, Department of Family Medicine and Public Health Sciences, WSU School of Medicine. "We are continuing the quest to increase student interest in Family Medicine and primary

care, and the FMIG is an important vehicle to accomplish that."

For the past seven years, the FMIG has been led by Margit Chadwell, MD; Medical Student Programs Project Assistant Lisa Blackwell; and four student leaders. Dr. Chadwell was recently appointed as Associate Dean of Student Affairs and Career Development and is turning over the FMIG faculty advisory role to the incoming year 3 clerkship director.

Throughout the year, the FMIG hosts lunch seminars presented by various specialists within the local Family Medicine community, clinical skills workshops, and other pre-clinical and clinical events to provide information and opportunities for the 100-plus members to explore Family Medicine. The FMIG's goal is to engage students and create awareness about the value of Family Medicine right from the

start and throughout all of the student's years of medical school. All students are also encouraged to get involved with local, state and national organizations, including MAFP and AAFP.

"Our efforts have resulted in consistently growing interest as evidenced by our above national average match rate of 11%. For the last seven consecutive years, Family Medicine has been in the top three matched specialties at WSU School of Medicine," said Dr. Chadwell.

Congratulations to Dr. Chadwell, Lisa Blackwell and the student leaders for receiving this award.

[Read more about this award in the School of Medicine News, August 7, 2017](#)



DR. JAMES BLESSMAN NARRATES "WHAT YOU NEED TO KNOW ABOUT HUMAN TRAFFICKING IN MICHIGAN AND HOW TO SPOT POTENTIAL VICTIMS"

Dr. James Blessman, Assistant Professor and Medical Student Health Officer narrates an informa-



tive video on how health care workers can recognize a child, teen or adult who is potentially the victim of human trafficking.

Wayne State University partnered with the State of Michigan and Wayne County Medical Society of Southeast Michigan to produce

the "Human Trafficking: Making the Invisible Visible" training video. Viewing the one hour video is valuable time

spent (and you can register for CME credits) to learn the signs of an individual being trafficked and how to successfully reach out to offer victims help.

[Read more about this project and find the video link in the School of Medicine News, October 23, 2017](#)

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Applause! Applause!



Congratulations to Samiran Ghosh, PhD, Associate Professor. Dr. Ghosh has been named as an Academic Editor to the editorial board of the journal PLOS—One and as an Associate Editor for the eminent statistical methods journal Sankhya series (B). Sankhya series (B) primarily covers applied and interdisciplinary statistics.

DR. ELLIS RECEIVES \$3.2 MILLION NIH AWARD

A research team led by Deborah Ellis, Ph.D., professor of Family Medicine and Public Health Sciences in Wayne State University's School of Medicine and Interim Director of Behavioral Sciences, received a \$3.2 million award from the National Heart, Lung and Blood Institute of the National Institutes of Health. The grant will fund a study that will develop interventions to reduce barriers to optimal asthma management and reduce the risk for asthma-related deaths of minority children, with a focus on African-American adolescents.

The project, "Translating an efficacious illness management intervention for African-American youth with poorly controlled asthma to real world settings," will adapt and test an evidence-based intervention for use in pediatric emergency rooms and evaluate factors that affect whether the intervention is likely to be used in real-world settings.

"The goal of our study is to improve the quality of life for a vulnerable population while reducing health care costs," Dr.

Ellis said. "Our previous studies have shown that an intensive, multicomponent, home-based psychotherapy was significantly more effective than home-based family support in improving adherence to medications and improving lung function in African-American adolescents with moderate to severe poorly-controlled asthma. However, many factors, such as intervention cost and suitability to the agency using the intervention, influence whether a scientifically validated intervention is ever used outside a university setting."

This study will test REACH for Control, or RFC, an adapted intervention based on Dr. Ellis' earlier work. RFC will be delivered to adolescents with poorly-controlled asthma by community health workers from the Wayne Children's Healthcare Access Program, a community agency providing health care services to underserved children in the Detroit area.

Adolescents will be referred to WCHAP for services when they are seen for an asthma exacerbation in the emergency department at Children's Hospital of Michigan. REACH for Control aims to improve the quality of life for this vulnerable population by providing an evidence-based intervention in a cost-effective way.

"Wayne Children's Healthcare Access Program is delighted to be participating in this project with Wayne State University," said Teresa Holtrop, M.D., executive director of the program. "WCHAP works with multiple Detroit and Wayne County pediatricians and family practitioners who refer asthmatic patients to WCHAP for asthma home education services. WCHAP community health workers have been providing these services since 2013, and outcomes have been good in terms of improved asthma control scores, decreased missed days from school and decreased use of the emergency room. We are always seeking ways to improve outcomes for children, and feel this project will meet a critical need for expanded community-based intervention services."

Congratulations, Dr. Ellis!

[Excerpted from August 30, 2017 School of Medicine News](#)



DR. ZAHEER GIVES BACK-TO-SCHOOL HEALTH TIPS ON TWITTER

Dr. Salieha Zaheer, assistant professor and Rochester Family Medicine clinical physician joined a Twitter chat panel organized by the American Heart Association. The chat took place on August 24 from 12-1 PM at @WayneMedicine, @AHA_SEMI, or #AHAMI where Dr. Zaheer and other panel members answered questions

from AHA followers about getting back into a school routine, healthy snack options, suggestions for after-school activities, helping children ease school-year jitters, how much sleep they should get, and more.

@WayneMedicine analytics showed the Twitter account earned 6,732 that day com-

pared to 1,000 average on a typical day. "It was definitely a great experience and I look forward to participating in more fun topics in the future," said Dr. Zaheer.





FACULTY SPOTLIGHT

The School of Medicine recognized faculty with awards during its annual Faculty Recognition and Awards Ceremony on November 2, 2017.

Congratulations go to Dr. Margit Chadwell, MD, assistant professor of Family Medicine and Public Health Sciences and associate dean of Student Affairs and Career Development for receiving this year's



Excellence in Clinical Teaching Award. This award, given annually, goes to a faculty member who has left a mark of excellence and provided students with a critical understanding of the faculty member's discipline.

Congratulations Dr. Chadwell!



Dr. Karen MacDonell, associate professor in the department of Family Medicine and Public Health Sciences' Behav-

ioral Sciences Group, received the Research Excellence Award. As an associate professor, Dr. MacDonell has demonstrated a strong record of productivity (publications, citations, impact); national recognition for contributions to the field (awards, service on editorial boards, invited lectures, etc.); strong record of extramural support which are all criteria for being bestowed with this award.

Congratulations to Dr. MacDonell!



Dr. Chadwell (middle) accepted the Clinical Teaching Award at the Faculty and Awards Ceremony with Victoria Neale, PhD, MPH Professor and Director, Division of Population Health (left) and Dr. Sharon Ackerman, Associate Professor, Biochemistry and Molecular Biology (right)

Dr. MacDonell was unable to attend the Faculty Awards Ceremony and was presented her award during the department's November 15 faculty meeting.

DR. MARKOVA IS AWARDED ACGME COURAGE TO LEAD HONORS

The Accreditation Council for Graduate Medical Education selected Dr. Markova, our department's Chair, and also the Associate Dean of Graduate Medical Education & DIO, to receive the Parker J. Palmer Courage to Lead Award. She will receive the award at the ACGME's annual Educational Conference in March, 2018.



excellence in improving performance and innovation; supporting program directors and residents; showing strong leadership, values and principles; and are dedicated to the education improvement process.

When Dr. Markova received notification of this award, the Awards Program Liaison for the ACGME indicated to her that they have awarded

275 people with various awards and that

Dr. Markova is only the second person to have received both the Courage to Teach and Courage to Lead Awards.

Congratulations Dr. Markova!

[For more information, click this link for the School of Medicine News, October 5, 2017](#)

The award honors designated institutional officials (DIO) who demonstrate

Congratulations!

WELCOME TO THE DEPARTMENT OF FAMILY MEDICINE AND PUBLIC HEALTH SCIENCES

The Department of Family Medicine is pleased to welcome its newest faculty members.

Jira G. Coumarbatch, MD joined the department in July as an Assistant Professor (50%) and Family Medicine Clerkship Director. Dr. Coumarbatch is a WSU SOM graduate. He completed his residency training in the WSU Family Medicine Residency program. He served as the Year III Clerkship Director from 2007-2010. Upon leaving WSU, he opened a private practice where he practices the full scope of family medicine. Dr. Coumarbatch oversees the Year IV Family Medicine Sub-Internships and all departmental electives, as well as being the faculty advisor for the Family Medicine Interest Groups (FMIG, FMIG3).



Ralph E. Williams II, MD joined the department in August as an Assistant Professor (30%) and will serve as the Family Medicine Continuity Clinic Clerkship Director. Dr. Williams is also a graduate of WSU SOM. He completed his residency in family medicine at Providence Hospital in Southfield. He continues to cultivate a passion for community outreach, underserved primary care, and excellence in Family Medicine. Dr. Williams works in community primary care with Health Centers Detroit Foundation. He will also serve as the medical director of the Robert R. Frank Student Run Free Clinic.



Youcheng Liu, MD, ScD, MPH, MS joined our department in October as an Associate Professor. He graduated as a medi-



cal doctor in Preventive Medicine from Nanjing Medical University in China. He continued his education with his MPH from Peking University School of Public Health in Beijing, Master of Science and Doctor of Science with a Concentration in Environmental Health from Harvard University School of Public Health. In addition to continuing his research and scholarly activities, Dr. Liu will teach environmental health classes for the MPH and BSPH public health programs, while serving as an academic advisor and mentor for student scholarly projects.

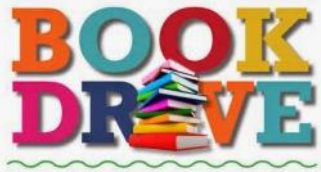


Also joining our department in a newly created position, Practicum & Community Engagement Coordinator, is **Amanda Comp-ton**. Amanda is a WSU graduate with a Bachelor of Science in Business Administrator. Amanda will support the MPH Program by managing student placement and registration for its practicum/community engagement component. She will assist with the organization of annual meetings with internal and external advisory committees, activities led by the public health student organization, and other program special projects. In addition, she will also provide departmental support for Travel Wayne approvals, budget matters, purchase requisitions and equipment orders through Wayne Buy, etc.

We would also like to welcome the following individuals who have joined our department in varying roles:

- Rasha Bradford, Research Assistant (Misra)
- Jasmine Flanagan, Research Assistant (Outlaw)
- Daisha Hill, Research Assistant (Outlaw)
- Lindsey McCracken, Research Assistant (MacDonell)
- Megan Puritz, Research Assistant (Towner)
- Adam Regalski, Student Assistant (Lucas)
- Jacqueline Regan, Temp Research (Lucas)
- Arvenetta Rushing, RECP/PT Service Rep (Rochester)
- Sharmin Salam, Research Assistant (Ellis)
- Elena Smith, Research Assistant (Tsilimingras)
- Aisha Tai, Student Assistant (Tsilimingras)
- Tapinder Singh, Temp Researcher (Reed)
- James Christian Tollon (Ellis)
- Kaylene Valentine, Medical Assistant (Rochester)
- Kevin Williams, Temp Researcher (Outlaw)





Dr. Erin Hendriks, clinical assistant professor (voluntary) and the staff at the DMC Family Medicine residency program located at Thea Bowman Community Health Center are collecting used books for children.

This book drive is an on-going effort to get books into the hands of 'little ones'. However, adult books will also be accepted.



Please forward any donations to Judy Magdalenic, 3939 Woodward Gardens, Room 313.



Graduate student Yvanna Marlin-Guanga was awarded the 2017 John B. Waller Jr., Dr.PH and Menthele (Mikki) Waller Endowed Scholarship in the Master of Public Health Program in recognition and appreciation of her excellence in scholarship and community engagement at the MPH Students Celebration on August 24, 2017.



Standing left to right: Menthele (Mikki) Waller, Yvanna Marlin-Guanga, Tsveti Markova

[Click HERE for more information](#)



Congratulations to DFMPHS team member, Jessica Durkin from the Behavioral Science Group. Jessica and her husband, Dan, welcomed their first child, a son, Joseph Williams, on August 19. Birth stats: 6 lbs., 13 oz., 19.5 inches.



Congratulations to DFMPHS team member, Malasha Duncan from the Behavioral Science Group. Malasha and her husband, Julian, welcomed their first child, a daughter, Navy Monroe, on September 23. Birth stats: 6 lbs., 20 inches.



Congratulations to the new families!!

It's a Girl! It's a Boy!



DR. JULIANN BINIENDA RECEIVES PCORI FUNDING FOR “CAN’T STOP THE BEAT”

Juliann Binienda, PhD, associate professor in the department of Family Medicine and Public Health Sciences (pictured) and Christopher Giuliano, PharmD, MPH, associate professor of Pharmacy Practice in Eugene Applebaum College of Pharmacy will collaborate to tackle reducing health disparities in African-American patients with atrial fibrillation using \$50,000 funding from the Patient-Centered Outcomes Research Institute (PCORI) in Washington.



Dr. Binienda is the principal investigator and Dr. Giuliano is the project co-leader who will work together to organize a research partnership of health care providers and community members to join the program.

“We want to create a group of stakeholders – health care pro-

viders, community members, insurance companies – who have an interest in improving the prescribing anticoagulant medication to prevent stroke and improve the medication adherence rates for African-American patients who are prescribed these medications,” Dr. Binienda said. “Our goal is for this group of stakeholders to create comparative effectiveness research questions, seek continued funding and progress the project forward to meet our aims.”

They are already working with some community partners and stakeholders within Wayne State University and the city of Detroit, but welcome additional participants. Interested individuals or organizations are encouraged to contact Drs. Bi-

nienda or Giuliano for more information. (contact information was provided in the [School of Medicine news article dated October 18, 2017](#)).

PCORI Pipeline to Proposal Awards enable individuals and groups not typically involved in clinical research to establish the means to develop community-led funding proposals focused on patient-centered comparative effectiveness research. PCORI is an independent, non-profit organization authorized by Congress in 2010 to fund comparative effectiveness research that will provide patients, caregivers and clinicians with the evidence needed to make better-informed health and health care decisions.

Congratulations to Drs. Binienda and Giuliano for receiving this award.

MICHIGAN AHEC RECEIVES \$4.2 MILLION GRANT FROM HRSA



The MI-AHEC (Michigan Area Health Education Center), which is a program of Wayne State University, received a 5-year, \$4.2 million grant from the U.S. Health Resources and Services Administration (HRSA). MI-AHEC seeks to increase access to quality primary care providers in underserved communities. The new funds will be used to strengthen MI-AHEC’s statewide network of 5 regional centers and support HRSA’s mission to improve health and achieve health equity through access to quality services, a skilled health workforce and innovative programs.

“This award is great news for the future of healthcare in Michigan,” said Dr. Tsveti Markova, Co-Principal Investigator of Michigan AHEC, Professor and Chair, Department of Family Medicine and Public Health Sciences. “This grant will allow us to build upon our efforts to improve access to health care in underserved areas and help us to positively impact the current and future health care workforce throughout Michigan.”

Dr. Ramona Benkert, Co-Principal Investigator, Associate Professor and Associate Dean of Academic and Clinical Affairs, in WSU’s College of Nursing says,

“These additional five years of funding help us to continue our statewide efforts to enhance the distribution and diversity of the health care workforce and to support practice transformation in underserved communities.”

Congratulations to the MI_AHEC team for their ongoing efforts to strengthen this valuable program.

For more information about WSU’s MI-AHEC program visit:

<https://miahec.wayne.edu/>

FAMILY MEDICINE STUDENT, SWAY WU, SELECTED AS STUDENT ALTERNATE DELEGATE AND DELEGATE TO THE AAFP CONGRESS OF DELEGATES

Sway Wu, a Year 4 student interested in Family Medicine was selected to serve as student alternate delegate and delegate to the American Academy of Family Physicians (AAFP) Congress of Delegates by the AAFP Board of Directors. Ms. Wu's term began with her participation in the Congress of Delegates September 11-13, 2017 meeting in San Antonio, TX and will end after the 2018 Congress of Delegates October 8-20, 2018 meeting in New Orleans. During the year, she will work with many members of the AAFP to accomplish goals set during the year.



strong nomination letter for Ms. Wu. Dr. Chadwell noted, "Sway is one of our WSU SOM Year 4 students who has demonstrated an active and growing interest in Family Medicine throughout her medical school training. She is thoughtful, enthusiastic, and a solid student academically." Dr. Chadwell goes on to say, "Given her experience and special interest in health education and advocacy, she will be a valuable asset to the AAFP representing the student perspective. Ms. Wu strongly values the type of mentorship that a leadership position in the AAFP could provide for her."

A Note From Sway Wu

When I took my first few steps into organized medicine as a second year medical student, I thought it would be an interesting, new thing to try. I didn't expect to find myself sitting in a large conference hall, two years later, amongst well known giants in family medicine, tasked with representing my peers across the nation at the AAFP

Congress of Delegates. Being in the presence of this collective of physicians dedicated to improving healthcare for their patients was awe-inspiring. Their knowledge and experiences gathered from practicing in a changing healthcare environment showed an entirely different side of medicine that I had not been exposed to previously. The discussions and debates over resolutions gave me a better understanding of the different perspectives and challenges faced by family physicians across the country.

The conference was also an amazing opportunity to connect with like minded students and residents that want to improve family medicine and healthcare in general. I left the conference feeling reenergized and impassioned about the future of family medicine. Although I attended as an alternate student delegate during the 2017 AAFP Congress of Delegates, I look forward to next year's Congress of Delegates and continuing to represent students across the country on important issues in medicine.

The mission of the AAFP is to improve the health of patients, families, and communities by serving the needs of members with professionalism and creativity.

Ms. Wu was nominated in July by Dr. Margit Chadwell, Director of the Family Medicine and Continuity Clinic Clerkship. Dr. Chadwell submitted a very



The Woodward Gardens "Fika" Group completed its most challenging puzzle to-date (see original article in the January 20, 2017 issue). Members of the group worked on the puzzle for a half hour on most Wednesdays. The Victorian tabletop, 500 piece puzzle, took just under one year to complete. Job well done!!

THIS WILL BE THE FINAL NEWSLETTER FOR 2017. SEE YOU IN 2018!!

