

DEPARTMENT OF FAMILY MEDICINE & PUBLIC HEALTH SCIENCES



Tweet from Chair,

Tsveti Markova, MD, FAAFP



Record high number of WSU seniors match in Family Medicine!"



Department of Family Medicine and Public Health Sciences

School of Medicine

Mission Statement

We are committed to improving the health, well-being, and environment of individuals, families, and communities by advancing the science and practice of family medicine and public health through innovation and excellence in research and education.

We're on the Web!

www.med.wayne.edu/fam

Acronym Soup



SEMCME—Southeast Michigan Center for Medical Education

SEMCME is the largest community-based medical education consortium in the United States. Its consortium resources constitute over 81 percent of the GME in Michigan.

www.semcme.org

DEPARTMENT OF FAMILY MEDICINE AND PUBLIC HEALTH SCIENCES THANKS DONORS FOR THEIR GIFTS

The Department of Family Medicine and Public Health Sciences (DFMPHS) is very honored to have its alumni, faculty members and their families embrace its mission through the offer of financial support to the department.

Dr. Ann Lewicki, MD, MPH, provided a gift to support our Public Health Sciences Program and recently had an opportunity to witness the impact her philanthropy has on WSU students.

Dr. Lewicki's gift provides funds for MPH students to attend conferences and other professional development opportunities. In 2015, several Master of Public Health students received support from Dr. Lewicki's donation to present at national meetings.

Dr. Lewicki said "The Wayne State University School of Medicine provided me a strong clinical experience, and I liked that it was an urban environment. I want to do my part to ensure this opportunity for students today, because Wayne State opened a door to a fantastic career."

One of the recipients of the funding provided by Dr. Lewicki's generosity, Elyse Schultz an MD/MPH dual-degree student at WSU, traveled to two conferences.

"Both experiences were inspiring," said Elyse. "It was exciting to broaden my perspective on what public health is, does and can do. I had my first oral presentation on a panel. I am so grateful for the support that provided me these amazing experiences. Knowing how impactful gifts can be for student-learners, I look forward to 'paying it forward' when I am in the position to do so."

Another example of recent philanthropy to our MPH Program, in January 2016 we were grateful to become the recipients of an estate gift from the family of Joel W. Ager II, PhD (see our November 2015 newsletter) which is being used to establish the Joel W. Ager, Jr., PhD Endowed Master of Public Health Student Support Fund.

The Ager Fund will support MPH support student education in the public health sci-

ences for expenses relating to student research activities, pilot student data collection/analysis and other professional development activities.

"No matter how big or small, donor investment in our future generation has tremendous impact," said Dr. Tsveti Markova, Chair of DFMPHS. "It provides our students with opportunities otherwise not available to them. I also believe these donor gifts set an example to not only the beneficiaries, but to all our students, teaching them the spirit of generosity and commitment to the profession."

Thank you to Dr. Lewicki and Dr. Ager's family and the other donors who support our mission (see left side bar) and educate our students.

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Important Dates
public page



June 15, 2016 DFMPHS All
Faculty Meeting

FAMILY MEDICINE CELEBRATES SUCCESSFUL STUDENT MATCH

The Department of Family Medicine and Public Health Sciences is pleased to announce that 41 (13%) of WSU SOM graduates matched in Family Medicine with 40% staying in Michigan. "We've seen student interest in Family Medicine increasing over time," said Dr. Margit Chadwell, Assistant Professor, Medical Student Education, Year III Student Clerkship. "This year's match is the highest Family Medicine match at WSU in recent history! For the last six years now, Family Medicine is in the top three matched specialties at Wayne, following behind Internal Medicine and Emergency Medicine."

Other facts:

- 18,668 U.S. MD seniors participated in the match (up 221 from 2015)
- 59,607 applicants applied for 30,750 residency positions (538 more positions than in 2015)
- 61.4% of the positions were filled by U.S. seniors (compared to 61.7% in 2015)
- 79.2% of the U.S. seniors who matched got one of their top 3 choices (78.4% last year)
- WSU SOM had a Total Match Success Rate of 95.8% (the national rate is 96.3% with U.S. Allopathic at 93.8%)

Family Medicine students will be practicing medicine at the following centers/hospitals in the U.S. and Canada :

University of Alabama Hospitals—Alabama
University of Calgary—Alberta
Family Health Centers of San Diego—California
University of Colorado SOM—Denver—Colorado
Mayo School of Graduate Medical Education—Florida
Orange Park Medical Center—Florida (2)
West Suburban Medical Center—Illinois
St. Vincent Hospital Center—Indiana
Northeast Iowa Medical Education Foundation—Iowa
Central Maine Medical Center—Maine
Oakwood Hospital—Michigan (8)
Providence Hospital—Michigan
Beaumont Health System—Michigan (4)
Central Michigan University COM—Michigan
Grand Rapids Medical Education Partners—Michigan (2)
University/Strong Memorial—New York
Icahn SOM Beth Israel—New York
Carolinas Medical Center—North Carolina
Summa Health/NEOMED—Ohio
Mount Carmel Health System—Ohio
McMaster University—Ontario
Oregon Health & Science University—Oregon
UPMC St. Margaret—Pennsylvania
Meharry/Metro General Hospital—Tennessee
University of Vermont Medical Center—Vermont
Madigan Army Medical Center—Washington
University of Washington Affiliated Hospitals—Washington
Provide Hospital DC—Washington DC
University of Wyoming—Wyoming

Congratulations to all our graduating medical students and good luck!!

See next page for the new residents joining the WSU/Crittenton and DMC/WSU Residency Programs.



THE DEPARTMENT OF FAMILY MEDICINE AND PUBLIC HEALTH SCIENCES WELCOMES ITS NEWEST RESIDENTS

The Incoming Family Medicine Residents - Crittenton:

Name	Medical School
Gypsa Katoch	Ross University
Pari Patel	American University of Antigua
Lilia Peress	University of Michigan
Marco Peterson	Ross University
Starr Whittaker	Ross University
Kaitlin Zeytuncu	University of Toledo

The Incoming Family Medicine Residents - DMC:

Name	Medical School
Mehwish Asad	Ayub Medical College, Pakistan
Ammar Charestan	University of Aleppo Faculty of Medicine, Syria
Randal Harris	Medical School of Wisconsin
Syed Mazhar	Shifa College of Medicine, Pakistan
Rajni Parmar	Medical University of Americas
Sapna Patel	Ross University

The Incoming Transitional Year Residents - Crittenton:

Name	Medical School
James David	Oakland University
Amardeep Dhaliwal	University of Pittsburgh
Anna Gregorie	University of Minnesota
Amanda Ismail	Wayne State University
Anver Khan	Edward Via College
Jeremy Lou	David Geffen SoM at UCLA
Gerta Muho	Oakland University
Tyler Phelps	Lake Erie College
Yasaira Rodriguez-Torres	Universidad Central del Caribe
Steven Schoenfeld	USF Health Morsani College
Abdala Sirajeldin	Wayne State University
Christina Stinnette	Indiana University
Adam Wolfe	University of Texas
Han Yang Yin	Florida International University
Sara Yungner	University of Minnesota

Thank you to all the participants (committee members, faculty, residents, and coordinators) in the recruitment process from the three Family Medicine programs.

We look forward to welcoming the new residents in to our Residency Programs!



Congratulations to the following Department of Family Medicine and Public Health Sciences faculty for their years of service or retirement. They were recognized by the Board of Governors and President M. Roy Wilson at a reception on Tuesday, April 26 .

- Karen MacDonell —10 years
- Rhonda Dailey —15 years
- James Janisse —15 years
- Tsveti Markova —15 years
- Jinping Xu —15 years
- John Porcerelli —20 years

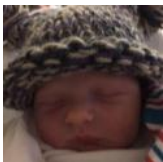


Miley Davison
Hikmet Jamil
Linda Roth



Congratulations to DFMPHS clinical faculty member, Erin Hendriks, MD. She and husband, Marc, welcomed a baby boy, James Morris, on April 29.

He weighed in at 8 lbs. He joins his big sister, Abby (5) and big brother, David (2).



FACULTY SPOTLIGHT

Congratulations to Juliann Binienda, PhD for being selected as the 2016 STFM National Clerkship Curriculum Fellow. The Fellowship began in January and will continue for one year.



The fellowship provides an opportunity for an experienced medical student faculty to work with the STFM National Clerkship Curriculum (NCC) and the NCC Editorial Board, evaluating the use of existing resources for enhanced clerkship application. Dr. Binienda will also research and identify new and innovative curricula. Dr. Binienda will serve as an ambassador to NCC by attending conferences, presenting new information, and collaborating

with the NCC Editorial Board.

“My career focus is moving more toward curricular development, implementation, and measurement,” says Dr. Binienda. “This fellowship will allow me the protected time to devote to my own professional development in educational scholarship and research.”

Dennis Tsilimingras, MD, MPH, Assistant Professor and Co-Director of the Michigan Area Health Education Center was elected to a three year term with the Michigan Primary Care Consortium's Board of Directors.

The Consortium is a multi-stakeholder, non-profit organization whose mission is to con-

vene stakeholders to exchange knowledge facilitating the delivery of effective and efficient patient centered models of primary care in Michigan. It is a leader in transforming Michigan's primary care, ensuring that sustainable, accessible, and quality primary care are available. The Consortium is a leading advocate for the Patient Centered Medical Home approach (of which the Family Medicine Rochester Clinic has been certified), as well as with chronic disease prevention.

Congratulations
Dr. Tsilimingras!



STREET RUN RAISES MONEY FOR STUDENT ORGANIZATIONS

For the second year in a row, The Robert R. Frank Student-Run Free Clinic (SRFC) and Street Medicine Detroit combined forces to organize a fundraising 5K run at Historic Fort Wayne. More than 150 runners and walkers participated in the March 19 event despite the cold morning temperatures.

The event raised \$3,000 for the two organizations which provide quality primary care

to the uninsured of Detroit. The SRFC is located at 5555 Conner Street and works with Mercy Primary Care Center. Street Medicine Detroit ensures access to quality medical care for Detroit's unreached and service-resistant homeless population through direct and regular outreach at shelters and anywhere the homeless stay.

Donations and fundraisers are vital for the continuation

of the programs and medical outreach provided by both these organizations.

For more information about SRFC or to donate visit: frankclinic.org

For more information about Street Medicine Detroit or to donate visit: streetmedicinedetroit.org

MICHIGAN ACADEMY OF FAMILY PHYSICIANS FOUNDATION (MAFP) AWARDS A WSU SOM FIRST YEAR MEDICAL STUDENT WITH EXTERNSHIP GRANT

Congratulations to Mr. Blake Arthurs, a first-year medical student, upon receiving an invaluable six-week clinical/research externship from the MAFP Foundation. Mr. Arthurs was nominated by Dr. Margit Chadwell, Assistant Professor, Medical Student Education.

Mr. Arthurs will be mentored by Dr. Scott Yaekle, Director of Student Affairs and Recruitment Chair at the Oakwood Family Medicine Residency Program. Dr. Yaekle will offer Blake with opportunities for Geriatric and Newborn rounds, Obstetrics/deliveries, home visits, outpatient procedures, and a firsthand insight into the life of an accomplished and well-rounded family physician.

He will also develop and work on a research project under the supervision of Dr. James Meza, the Director of Research at the Oakwood Family Medicine Residency Program.

At the end of the externship, Blake will present an overview of his experience and his research project to residents of the Oakwood Family Medicine Residency Program. He is required to keep a journal throughout his externship and submit it to the MAFP so it can be shared with other students interested in exploring Family Medicine. He will also submit an article about his experience to be published in the *Michigan Family Physician*.

Both Blake and Dr. Yaekle will receive a stipend for their participation in the program.

Year 4 student, Melissa Jennings, matched into a Family Medicine Residency Program of her choice after participating in this externship through Beaumont in 2013.

Special thanks to Dr. Chadwell for taking the time to nominate our students for the chance to continue their learning through this hand-on experience.

“ACHIEVING BLOOD PRESSURE CONTROL THROUGH ENHANCED DISCHARGE” TRIAL STUDY PAPER PUBLISHED IN *BMC EMERGENCY MEDICINE*

Julie Gleason-Comstock, PhD, MCHES, and Assistant Professor in the Department of Family Medicine and Public Health Sciences as well as a faculty member in the Cardiovascular Research Institute, and Center for Urban Studies along with a team of public health colleagues and MPH students, are pleased to have their study protocol entitled “Patient education and follow-up as an intervention for hypertensive patients discharged from an emergency department: a randomized control trial study protocol” published in the December 21 issue of *BMC Emergency Medicine*.

The “Achieving Blood Pressure Con-

trol Through Enhanced Discharge (AchieveBP)” is a behavioral patient education intervention.

The primary aim of the study is to determine if integrating kiosk-based patient education via health information technology into the Emergency department discharge process, coupled with additional educational sessions after discharge will improve blood pressure control compared to the usual discharge process.

The secondary aim is to explore the relationship between patient activation, self-management behaviors (e.g., BP medication adherence), and health

care utilization (i.e. return hospital emergency department visits).

For more information about the study and its results, please contact Dr. Gleason-Comstock at jgleason@med.wayne.edu or read the paper in its entirety found at the link below.

[https://
bmcemergmed.biomedcentral.com/
articles/10.1186/s12873-015-0052-
3](https://bmcemergmed.biomedcentral.com/articles/10.1186/s12873-015-0052-3)

PROSTATE CANCER SURVIVORSHIP CARE ONLINE CME COURSE OFFERED

A team of experts from the College of Education and the School of Medicine have developed an evidence-based Prostate Cancer Survivorship Care online CME course. The project was led by Dr. Jinping Xu and funded by the Michigan Department of Health and Human Services and the Blue Cross Blue Shield Foundation. The course is available for primary care providers, including primary care physicians, phy-

sician assistants, nurse practitioners, residents and medical students.

The goal of this online interactive CME course for primary care providers is to deliver the evidence-based practice guidelines aimed at improving prostate cancer survivorship care.

The CME is free and participants receive 1.50 CME credits.

For more information about this course, contact the program staff at pcsc@wayne.edu.

The course link is: <http://cmetracker.net/WAYNE/Login?FormName=RegLoginLive&Eventid=165491>

THE 22ND ANNUAL FAMILY MEDICINE RESEARCH DAY

The Crittenton Hospital Auditorium was the site of WSU's 22nd Annual Family Medicine Research Day on April 12, 2016.

For the last 22 years, the event traditionally showcased PGY3 resident scholarly projects (research projects, literature reviews and case studies). All Family Medicine residents are required to complete a scholarly project. These projects are mentored by clinical and research faculty and are the culmination of months (and sometimes years) of work.

First and second place winners are determined by a panel of judges. This year, the 1st and 2nd place winners received a \$500 and \$200 honorarium, respectively.

In addition to five resident presentations, this year's program showcased two of our research faculty, Drs. April Idalski Carcone and Julie Gleason-Comstock. Special thanks to both of you for your outstanding presentation.

For the first time, this year we had two residents from the DMC/WSU affiliated

residency program present their scholarly work.

Congratulations to Dr. Felix Yang, who won first prize for his presentation entitled: *Factors Influencing Treatment Choice & Decisional Quality in a Population-Based Sample of Black & White Men with Localized Prostate Cancer*.

Second prize was awarded to Dr. Nirav Patel for her presentation entitled: *Myasthenia Gravis with Thymic Hyperplasia Presenting as Palmar Hyperhidrosis*.

Thank you to this year's judges, Drs. Binienda, Tsilimingras and Xu. The judges indicated that all the presentations were of excellent quality. Thank you to our judges

Special thanks to Rose Moschelli and Lynette Rang for organizing the event this year.

Next year, the Department of Family Medicine and Public Health Sciences hopes to plan a department-wide research day involving the Family

Medicine residents from both programs, the Transitional Year residents, and the MPH students.

