

DEPARTMENT OF FAMILY MEDICINE & PUBLIC HEALTH SCIENCES

**Tweet from Interim Chair,
Tsveti Markova MD, FAFAP**



A big thank you to the leadership team for working with Alex, Miley, Elaine and me during the SOM intense budget cycle!



Department of Family Medicine and Public Health Sciences

Mission Statement

We are committed to improving the health, well-being, and environment of individuals, families, and communities by advancing the science and practice of family medicine and public health through innovation and excellence in research and education.

Acronym Soup



LCME—Liaison Committee on Medical Education

Recognized by the U.S. Department of Education as the reliable authority for the accreditation of medical education programs leading to the MD degree.

DMC/WSU (SINAI GRACE) FAMILY MEDICINE PROGRAM EARNS NEW INITIATIVES

Miscarriage Care Initiative

The DMC/WSU (Sinai Grace) Family Medicine Residency was accepted as one of 5 sites across the country to participate in the Miscarriage Care Initiative. The Miscarriage Care Initiative is an effort to expand access to evidence-based, patient-centered miscarriage care in primary care settings. The vision is to help family physicians integrate all three forms of miscarriage management—expectant management, medication management, and manual vacuum aspira-

tion (MVA)—into their clinical practice. The residency program will receive intensive support from the Reproductive Health Access Project to integrate and expand miscarriage treatment in their primary practice.

Reach Out and Read

The DMC/WSU (Sinai Grace) Family Medicine Residency at the Thea Bowman Community Health Center was approved for a Reach Out and Read program. This program allows physicians to provide children with a new

book at all well child visits. The residency is currently in the process of raising funds for this important program and hopes to place the first book order in the early fall. In addition, gently used books are being collected for patients of all ages and will be placed in the waiting room for patients to read and take home with them in an effort to encourage reading in the home. Anyone interested in making monetary or used book donations can email ehendrik@med.wayne.edu for more information.



FACULTY SPOTLIGHT

On July 18, Dr. Pierre Morris, director for the Crittenton Family Medicine and Transitional Year residency programs was elected to serve a one-year term as vice president of the Michigan Academy of Family Physicians (MAFP)



In his role as vice president, not only will he work with leadership to ensure that all official proceedings of the

organization are documented, he will represent the board at functions and events where he can be one of the leading voices representing family physicians in local, state and national issues coverage.

“I plan to play an active role advancing our issues, assisting in the reduction of health care disparities, and accurately and appropriately

defining the specialty of family medicine and our broad scope of clinical practice,” said Dr. Morris. “I am highly honored to be associated with such a distinguished organization.”

Our congratulations to Dr. Morris and we wish him continued success.

Article excerpted from WSU School of Medicine Prognosis E-News dated August 20, 2014.

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We're on the Web!
www.med.wayne.edu/fam

DR. SHAWNITA SEALY-JEFFERSON RECEIVES 3-YEAR NIH AWARD

Shawnita Sealy-Jefferson, PhD, MPH, postdoctoral fellow in the Department of Family Medicine and Public Health Sciences has secured a three-year, \$173,556 Ruth L. Kirschstein National Research Service Award from the Eunice Kennedy Shriver National Institute of Child Health & Human Development of the National Institutes of Health.



borhood effects on preterm delivery in several critical ways. She will compare objective and subjective measures of residential environment, determine how objective neighborhood measures influence perceptions of neighborhoods, and conduct research in a cohort comprised entirely of African American women, a group known to suffer disproportionately from preterm delivery.

She will work with her mentor, Dawn Misra, PhD, professor of DFMPHS as well as other researchers including Theresa Osypuk, Sc.D., associate professor at University of Minnesota, George Galster, PhD, Clarence Hilberly Professor of Urban Affairs at WSU, and Jason Booza, PhD, assistant professor of DFMPHS.

The research project "Residential Environment and Preterm Delivery among African American Women" will use data collected from 1,411 metropolitan Detroit-area women, enrolled in a study shortly after they gave birth to a single infant at Providence Hospital in Southfield, MI from 2009 to 2012.

Dr. Sealy-Jefferson's research will extend the current knowledge of neigh-

Dr. Sealy-Jefferson believes that if subjective measures of residential environment are found to be better predictors of preterm delivery than objectively defined measures, the information could inform future intervention studies as well as policy efforts focused on eliminating adverse features of neighborhoods.

"If we are to eliminate the persistent racial disparity in this birth outcome, it is imperative that upstream social risk factors that are amenable to effective intervention be identified, especially since known individual-level factors do not completely account for the increased risk among African American women," said Dr. Sealy-Jefferson.

Article excerpted from WSU School of Medicine Prognosis E-News dated June 4, 2014.

HIKMET JAMIL ACCEPTS DISTINCTION GRADE DURING FACULTY OF PUBLIC HEALTH OF THE ROYAL COLLEGE OF PHYSICIANS 2014 ANNUAL CONFERENCE IN JULY



Dr. Jamil (right) and his wife, Raja Yaldo (left) were honored to accept an invitation to attend the Manchester Lord Mayor Event to the Annual Conference of United Kingdom Public Health at Town Hall of City of Manchester, UK. They are pictured here with Professor John Ashton (President of the United Kingdom Faculty of Public Health) and Manchester Lord Mayor Councilor Susan Cooley.



FAMILY MEDICINE AAFP NATIONAL CONFERENCE OFFERS 'PRICELESS EXPERIENCE'

The American Academy of Family Physicians (AAFP) National Conference for Family Medicine residents and medical students took place on August 7-9, 2014 in Kansas City, MO. The Department of Family Medicine and Public Health Sciences was pleased to offer travel scholarships to year 3 students who are planning a career in family medicine. "It is an important mission for the department to support and encourage student engagement in activities promoting interest in Family Medicine," says Dr. Tsveti Markova, MD, FAAFP, Interim Chair of the department. In addition, several WSU SOM students received scholarships from the AAFP and the Michigan Academy of Family Physicians (MAFP) to attend the conference and they served as Michigan representatives to the Congress of Delegates. "We had 13 Wayne students attend this year, one of the largest delegations from any medical school. Our department is an integral part of developing these student leaders locally and at the state and national levels," said Dr. Margin Chadwell, Assistant Professor and Director, Family Medicine Clerkship.

This annual national conference 'offers information and topics ranging from clinical skills and career planning to the factors influencing the health care system transformation.' This year's attendees had the opportunity to visit more than 400 exhibitors on site, including residency programs, physician employers, medical missions, hospitals, government agencies, publishers and others with their sole focus on family medicine. Many of the social events created opportunities for those in attendance to connect with other medical students, residents, and family medicine

leaders.

Lauren Cook, was one of the students awarded a scholarship this year. She attended the conference and shares her experience below.

If I had to summarize my National Conference experience in one word it would be overwhelming, but in the best way possible.

On the morning of the event I was intimidated by the list of programs that were there. I did not know where to begin. After spending 30 minutes crossing off lists I knew I was not interested in (as great as Hawaii would be, I cannot imagine moving there for 3 years), I went up the escalator to the Expo Hall. It was intimidating at first, but the more programs I talked to, the more comfortable I became.

The whole experience really was like speed dating. I slowly realized how similar of an experience each program could provide, aside from a few variables. What really was important was the flavor of the program and whether or not I could fit in there. By the end of the conference I had finally come up with the most important question to ask: "describe your residents and program in just one word".

One of the biggest highlights for me were the serendipitous encounters. I would be walking down an aisle when a representative from a program would make eye contact with me, smile, and say hello. It is in



this manner that I talked with an Iowa program and a southern California program; two places that had not even been on my radar.

After leaving the conference I was so enthusiastic about beginning my career in Family Medicine. I had the pleasure of talking to incredible people that were passionate about the programs they represented. This was a priceless experience. Being able to network before interview season begins is truly a wonderful opportunity. I would have been willing to pay thousands of dollars for this experience because it saved me money in the long run. Programs that I had really been interested in came off my list when I realized that I would not be a good fit there. More importantly, programs that I never would have applied to quickly rose to the top of my list. My only regret is not attending this conference last year.

It is with immeasurable gratitude that I thank the whole Family Medicine department for providing a scholarship for me. I look forward to contributing to future conference scholarships for Wayne students interested in pursuing a career in Family Medicine.

-- Lauren Cook



SKUPSKI SCHOLARS SCHOLARSHIP PROGRAM

The Department of Family Medicine and Public Health Sciences is honored to be gifted the newly established Skupski Scholars scholarship program.

Many of our current faculty and staff will remember working with the late Dr. James N. Skupski. He graduated from Wayne State University School of Medicine (SOM) in 1980. Dr. Skupski joined the Department of Family Medicine and Public Health Sciences as an Assistant Professor in 2003. He served as the Program Director of the Occupational & Envi-

ronmental Medicine Residency program. Dr. Skupski was well liked by his students and respected by his peers. We were saddened to lose him in a tragic vehicle accident in 2011.

The scholarship, officially named, **the James N. Skupski, MD, MPH and Dianne Widzinski Endowed Scholarship** was gifted to the School of Medicine by Dr. Skupski's widow, Dianne Widzinski. Selection is open to all SOM incoming students and will be based on financial need and merit.

Recipients will be referred to as Skupski Scholars. The fund will provide *full-tuition* scholarships for all Skupski Scholars (selected by the Scholarship Committee). A new Skupski Scholar will be awarded every other year. In the spirit of what Dr. Skupski stood for, special preference will be given to those students who show enthusiasm for dedicating themselves to those most in need in our society.

MICHIGAN FUTURE OF FAMILY MEDICINE CONFERENCE

An American Academy of Family Physicians (AAFP) Foundation grant was awarded to the Michigan Academy of Family Physicians (MAFP) to support the inaugural Michigan Future of Family Medicine Conference in order to foster a culture of enthusiasm and excitement for Family Medicine in Michigan. The conference was created for students and residents by students and residents under the direction of the MAFP Education Committee (Dr. Pierre Morris, MD Co-Chair, Dr. Margit Chadwell, MD Vice Chair).

The conference is being held at the The Kellogg Hotel & Conference Center in East Lansing, Michigan on Saturday, November 1. Attendees will experience a full day of lectures, presentations and workshops.

Session topics include:

- The Future of Family Medicine 2.0
- Preparing for Life After Residency
- The Diversity of Family Medicine

- Building on Your Training: Fellowships in Family Medicine
- Money Talks: Strategies to Manage Your Student Loans
- I Wish I Knew Then What I know Now, and Other Infinite Wisdom from Family Physicians
- Strolling Through the Match
- Self-Assessment Module (SAM) Group Study Workshop
- Residency Program Speed Dating
- Clinical Procedures Workshop Capstone/Wrap-Up
- Dine Around

Among the presenters from WSU School of Medicine are:

Kendra Schwartz, MD, MSPH, Assistant Dean for Clinical Education

Pierre Morris, MD, Program Director, WSU/Crittenton Family Medicine Residency Program

"The conference is designed to be a one-day total immersion, hands-on

learning experience," said Margit Chadwell, MD, FAAFP, Assistant Professor, Director of the WSU Family Medicine Clerkship. "I believe we have put together a phenomenal opportunity for students and residents to fully explore family medicine and its many practice options. We are hopeful that this event will encourage our next generation of physicians to choose Family Medicine and to consider practice options in Michigan as they transition out of residency."



Michigan Future of Family Medicine Conference
Saturday, November 1, 2014 | 8:00 AM - 5:15 PM | East Lansing, MI

- Opportunities to connect with Family Medicine leaders from across the state
- Education sessions on a variety of topics specific to your needs
- Hands-on clinical procedures workshop
- SAM group study workshop
- Leadership opportunities
- Take-home toolkit

A motivating atmosphere for students and residents to interact with like-minded peers who are passionate about Family Medicine!

SAVE THE DATE!

Register now at mafp.com/mffmc



NEW FACES IN MANY DFMPHS PLACES

Our family is growing and we are happy to welcome the following individuals to the Department of Family Medicine & Public Health Sciences.

Ashley Burke, RN has joined our department as a Clinical Manager. She is located in the Crittenton FMC. Ashley has a Bachelor's of Science degree in Nursing from the University at Buffalo and a Master's degree in Nursing as an Adult-Gerontology Clinical Nurse Specialist and Nursing Education from Michigan State University. She is an Advanced Practice Registered Nurse (APRN) and is a Board Certified Acute Care Clinical Nurse Specialist in Adult-Gerontology. She is a member of the American Association of Critical-Care Nurses, Sigma Theta Tau International Nursing Society's Alpha Psi Chapter, and the Michigan Association of Clinical Nurse Specialists. She is also Basic Life Support (BLS) certified and a certified Neonatal Resuscitation Program (NRP) Provider. "I joined DFMPHS because of my passion and drive for safety, quality patient care and patient satisfaction," says Ashley.



Ashley enjoys boating, bike rides and travel. By the time this newsletter is distributed, we may know her by another last name (Oswald) as she is getting married in St. Pete Beach, Florida this month.

The WSU/DMC Sinai Grace residency program is pleased to welcome Stephen Warnick, MD. Dr. Warnick works in both Family Medicine and Psychiatry, having trained at the University of Cincinnati/The Christ Hospital Combined Family Medicine-Psychiatry residency program.



He grew up in the Detroit area and at-

tended medical school at the University of Michigan. He currently lives with his wife and three children in Grosse Pointe Park.

Dr. Warnick is currently working as the Behavioral Medicine Director and as a core faculty member. His main duties include precepting residents and developing the behavioral health and resident wellness curriculum. He also acts as the Behavioral Medical Director for Advantage Health Centers and sees primary care patients at Advantage Family Health Center. He also works with the WSU Department of Psychiatry seeing inpatient psychiatry patients at Sinai-Grace Hospital, where he works closely with the Psychiatry Training Program, as well as in the Crisis Center at Detroit Receiving Hospital. His clinical and professional interests include: integration of behavioral health and primary care, the care of vulnerable and underserved populations, women's health, pediatric care, emergency psychiatry, and resident and medical student education. "I look forward to helping train our residents to be leaders in caring for medically vulnerable populations," says Dr. Warnick.

Aleksandra (Alex) Sporysz, MBA, RHIT has joined the Department of Family Medicine and Public Health Sciences as its Interim Senior Practice Administrator. She is a shared resource to us from Ob/Gyn. Alex has extensive experience within the School of Medicine and in practice management. Alex will be working between her offices in Ob/Gyn and Woodward Gardens.



Alex has over 18 years of administrative healthcare experience, including both private and academic settings. She held a variety of administrative positions, from office manager, billing and coding consultant, administrative manager, and administrative director for physician services to her current position. She received her national

certification in Health Information Technology (RHIT) in 2000, and her MBA degree from Walsh College for Business and Accountancy in 2006. She is a member of AHIMA, MGMA, and AMGO.

Prior to joining the Ob/Gyn department, she worked in a variety of administrative positions in the academic medicine departments, including Ophthalmology, Physical Medicine and Rehabilitation, and Orthopedic Surgery. She is a member of the Process Improvement and Risk Management Committees for Wayne State University Physician Group. Her areas of interest are process improvement, clinical lean initiatives, and customer service improvement. Alex has hit the ground running and has already proven to be an invaluable asset during this end of fiscal year budget prep time.

Elyse Reamer is a new Research Assistant assisting Dr. Jinping Xu on the Treatment Options for Prostate Cancer Study (TOPCS), an epidemiological survey. The goals of the study are to identify the determinants of the treatment decision for patients diagnosed with low-risk prostate cancer and of understanding the experiences of physicians treating these patients. Elyse works mainly from an office at Karmanos but comes to Woodward Gardens at least twice a week. Prior to joining the TOPCS research team, Elyse worked as a Research Assistant on several health disparities and health services research projects in the Department of Psychiatry and the Robert Wood Johnson Clinical Scholars Program at the University of Michigan. Elyse has her BS in Cell and Molecular Biology from the University of Michigan and is currently pursuing an MPH in Biostatistics at WSU.



In her free time, Elyse enjoys running, painting, and cooking. She is currently beginning to explore yoga as well.