

# DEPARTMENT OF FAMILY MEDICINE & PUBLIC HEALTH SCIENCES



Tweet from Chair,  
Tsveti Markova, MD, FAAFP

Chair's tweet



July 1 marks the start of another academic year, welcome to all new residents!



Department of Family Medicine and Public Health Sciences

## Mission Statement

We are committed to improving the health, well-being, and environment of individuals, families, and communities by advancing the science and practice of family medicine and public health through innovation and excellence in research and education.

## Acronym Soup



**FQHC** — Federally Qualified Health Centers

FQHC's include all organization receiving grants under Section 330 of the Public Health Service Act. They qualify for enhanced reimbursement from Medicare and Medicaid while serving in underserved areas of populations.

## FAMILY MEDICINE OPENS A NEW CLINIC IN THE WSUPG TROY CAMPUS

Wayne State University Physician Group doctors understand the importance of healthier patients and communities. Our Rochester and Southfield Family Medicine clinics are committed to providing comprehensive, personalized care for the entire family. **Now, we're expanding that commitment to the Troy community with the newly-opened Family Medicine clinic**, located on the first floor of the WSUPG Troy Campus. This facility provides an inviting and comfortable space where patients of all ages receive complete, accessible care in a centralized location.

Drs. Maribeth Mateo and Salieha Zaheer began seeing patients at the Troy office in May and look forward to furthering DFMPHS's and WSUPG's presence in the community.

Highlights of the new Family Medicine clinic include:

- Extended hours to accommodate busy schedules
- Patient-centered approach to care, with multiple specialties housed in one building and the convenience of in-house referrals
- Access to an on-site pharmaceutical dispensary, planned for the second floor
- Most insurance accepted
- Convenient location with easy access to Interstate-75

The new Family Medicine Center is located in the WSUPG Troy Campus at 1560 E. Maple Road (the corner of Stephenson Highway and Maple Road). Patients can call 248-581-5200 for more information

or to schedule an appointment, visit [upgdocs.org/Troy](http://upgdocs.org/Troy). In the coming weeks after their marketing efforts have been finalized, WSUPG Marketing will be sending information out into the community advertising the newest family medicine clinic.

For more information about the new clinic, contact Dr. Mateo at [mmateo@med.wayne.edu](mailto:mmateo@med.wayne.edu)

*Additional services offered at the WSUPG Troy Campus include Dermatology, Endocrinology, Gastroenterology, Interventional Neurology, Ophthalmology, Orthopaedic, Otolaryngology, Pain Medicine, Physical Medicine and Rehabilitation, and Women's Health. The Maple Surgery Center, a state-of-the-art outpatient surgical facility, is also located in the WSUPG Troy Campus.*



WSUPG Troy Campus



Dr. Mateo sees one of the first patients at the new Family Medicine Clinic in Troy

WSU School of Medicine  
Department of Family Medicine  
& Public Health Sciences

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Phone: (313) 577-1421  
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Master of Public Health Program  
3939 Woodward Ave., 3rd Floor  
Detroit, MI 48201  
Phone: (313) 577-1051  
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www.med.wayne.edu/fam/mph

FM and TY Residency Programs  
1101 W. University Drive, 2-South  
Rochester, MI 48307  
Phone: (248) 601-4900  
Fax: (248) 601-4994  
www.med.wayne.edu/fam/residency

Clinic Sites  
1135 W. University Drive, Suite 250  
Rochester, MI 48307  
Phone: (248) 650-6301  
Fax: (248) 650-5486  
www.wsufamilycare.com

26400 W. 12 Mile, Lobby A, Ste. 111  
Southfield MI 48034  
Phone: (248) 359-8073  
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1560 E. Maple Road  
Troy, MI 48063  
Phone: (248) 581-5151  
Fax: (248) 581-5199  
upgdocs.org/Troy

**We're on the Web!**  
www.med.wayne.edu/fam



SRFC/SMD shirt and race medal

# STUDENT-RUN FREE CLINIC AND STREET MEDICINE DETROIT HOST SUCCESSFUL 2015 DETROIT STREET RUN 5K

The Department of Family Medicine and Public Health Sciences' Dr. Robert R. Frank Student-Run Free Clinic (SRFC) and the School of Medicine's Street Medicine Detroit (SMD) came together to raise funds to help their organizations take care of the uninsured and homeless population of Detroit.

On March 21, 2015, nearly 200 runners, walkers and countless volunteers braved the Michigan weather to compete in a 5K race or simply enjoy a leisurely walk through Detroit's Historic Fort Wayne.

Participants gave \$25 to join the race in exchange for, an event t-shirt, medal, and snacks following the 5K. More importantly, on a cold day in March they left the

event with a warm feeling of helping these two organiza-



tions with their missions to provide primary medical care services free of charge to those who would otherwise not have care.

The event raised \$4,250.50 through the support of the sponsors and participants. Both organizations received \$2,125.25 to support their causes.

### About the organizations

The SRFC, with the help of WSU SOM and Mercy Primary Care, offers a high-quality, non-emergent, primary care resource to the medically uninsured in the city while providing an opportunity for medical students to gain experience in culturally competent medicine in an atmosphere of mutual respect and dignity.

Street Medicine Detroit's mission is to ensure access to quality medical care for Detroit's unreached homeless population by bringing the clinic directly to patients. The chapter is run by Wayne State medical students who partner with local social service organizations to provide weekly outreach at shelters and occasionally on the street.

Thanks to all volunteers and participants.



On your mark, get set, GO!!!



Congratulations to the first place finishers!!

Men: Kyle Ramthun (class of 2018)

Women: Samantha Kaufman (class of 2017)



Dr. Robert R. Frank and Megan Scott

## DFMPHS CELEBRATES ANOTHER SUCCESSFUL PUBLIC HEALTH SCIENCES RESEARCH DAY

The Department of Family Medicine and Public Health Sciences held its 21st Annual Family Medicine & Public Health Sciences Research day on Thursday, April 23 in Rochester.

Dr. Dennis Tsilimingras, MD, MPH was the keynote speaker presenting information on post-discharge adverse events.

Many of the residents presented their work on various topics. This year's judges, Todd Lucas, PhD; Sheala Jafry, MD; and Jinping Xu, MD indicated all the presentations were of excellent quality. The awardees were:

1st place: Dr. Samuel: "Difficult Patients: Does Experience Matter?"

2nd place: Drs. Lounsberry & Clifford: "Rhabdomyolysis in Collegiate Swimmers: A Case Series"

3rd place: Dr. Zeidan: "Headache exacerbated by sexual activity in a 47year old woman"

The department encouraged all the Research Day presenters to submit their work to the Michigan Family Medicine Research Day held on May

21 at The Johnson Center at Cleary University in Howell, MI.

Thanks to Dr. John Porcerelli, facilitator of the yearly event, the faculty who mentored the scholarship projects, the residents who presented their work, the judges and to all the faculty who attended the event.

Special recognition and thanks go to Rose Moschelli and Lynette Rang for organizing another successful event on behalf of the residency program.

## DR. MARIBETH MATEO FEATURED ON FOX NEWS 2 DURING WOMEN'S HEALTH WEEK

Dr. Maribeth Mateo was interviewed by Fox News 2 (WJBK-TV) anchor/health reporter Deena Centofanti during Women's Health Week (May 11-15). Dr. Mateo expressed the importance for women to have an annual physical even if they are feeling "normal".

The segment showed Ms. Centofanti going through an annual physical examination including answering health questions and undergoing tests during

her visit to DFMPHS's Troy Family Medicine Center which opened on May 4.

Dr. Mateo discussed Ms. Centofanti's results days later during a studio interview.

Thanks to Dr. Mateo for highlighting the im-

portance of preventative care and our expertise to provide these services to our patients in all our locations: Troy, Rochester and Southfield.



## SOUTHFIELD FAMILY MEDICINE CENTER RECEIVES "BLOOD, SWEAT AND TEARS" HONORS FROM WSUPG

During an April 22 "Best Practices for Patient Satisfaction" event, WSUPG's Quality Improvement and Patient Safety Division recognized the Southfield Family Medicine Center with two Blood, Sweat and Tears Honors.

WSUPG's five top priority metrics are:

1. Provider listened carefully
2. Provider showed respect
3. Provider explained things understandably
4. Followed up with results
5. Patient seen within 15 minutes of appointment time

The Southfield Family Medicine Clinic was recognized for 10.1 percent increase for 'Followed up with results'; and 6.5 percent increase for 'Showed respect'.

Congratulations to the physicians and staff for this well-deserved recognition!

## Applause! Applause!



### Congratulations !!

MPH students **Jasmine Vickers** and **Tanya Troy-Sanabria** were awarded the **John B. Waller Student Achievement Award** for 2014. Mrs. Mikki Waller presented the awards during a small ceremony and informal reception in Woodward Gardens on Friday, May 15.

**Arun Mallapareddi**, an MPH student advised by Dr. Xu, won 2nd place in the inaugural WSU Master's Student Showcase competition on April 8, 2015. The title of his research project was "*Active Surveillance for Early Stage Prostate Cancer: What Do Men and Their Partners Think?*"

The following TY residents received 1st place recognition at the annual Quality Improvement Day held on May 19 at Crittenton Hospital. Their project was entitled: "*Improving 7-Day Post-Discharge Primary Care Physician Follow-up Rates—A Quality Improvement Project.*"

**Dr. Albert Antonyan**  
**Dr. Cynthia Nicholson**  
**Dr. Michael Kenderes**  
**Dr. Brandon Dealuwe**  
**Dr. Anita Yarlagadda**  
**Dr. Paula Pesante**

Drs. Antonyan and Nicholson presented the project during the event. Recognition also goes to faculty champions Drs. William Murdoch and John Porcerelli. In addition, thanks to Dr. Lisa Dillon and the GME office for their leadership, guidance, and assistance.

## BENGT ARNETZ APPOINTED TO BOARD OF DIRECTORS OF THE MICHIGAN PUBLIC HEALTH INSTITUTE

Dr. Bengt Arnetz, Professor and Director of Occupational and Environmental Medicine has been appointed as a WSU representative to the Board of Directors of the Michigan Public Health Institute (MPHI).

This mission of MPHI is to maximize positive health conditions in populations and communities through collaboration, scientific inquiry, and applied expertise which:

- Carry the voice of communities to health policy makers, scientists, purchasers, and funders;
- Advance the application of scientific health practices in communities; and
- Advance community capacity to improve health and reduce disparities among population groups and geographic areas.

MPHI's Board of Directors consists of no fewer than 12 and no more than 15 board

members. The Michigan Department of Community Health appoints six representatives and the University of Michigan, Michigan State University and Wayne State University each appoints two representatives. In addition to these partners, at-large members represent business, media, and community-based organizations. The diverse backgrounds of Board members bring many different talents to the organization.

Congratulations to Dr. Arnetz!

## MICHIGAN AHEC LAUNCHES LOWER REGIONAL CENTER

Michigan Area Health Education Center (AHEC) launched its Northern Lower Regional Center located in Houghton Lake, MI. The center will be responsible for implementing AHEC goals in 21 surrounding counties.

AHEC seeks to enhance access to quality health care—primary and preventive care—by improving the supply and distribution of health care professionals through community and educational partnerships. MI AHEC prepares underrepresented and disadvantaged youth for health care careers, promotes clinical training opportunities for students in shortage areas and provides continuing education programs for health professionals.

MidMichigan Community Health Care Services is a fed-

erally qualified health center (FQHC) and is the host partner for the Northern Lower



MI-AHEC Launches its 5th Regional Center in the State of Michigan located in Houghton Lake, Mich. Present at the contract signing in the Wayne State University College of Nursing were from left to right: Daniel Idmer, president, MidMichigan Community Health Services; Dr. Maryjean Schenk, M.D., M.P.H., M.S., dean of medical education, Wayne State University School of Medicine; Dr. Ramona Benkert, Ph.D., A.N.P., B.C., F.A.N.P., associate dean for academic and clinical affairs of the Wayne State University College of Nursing and co-principal investigator of the Michigan AHEC program; Diane Rowen, administrative assistant, MidMichigan Community Health Services; James Raschke, executive director, MidMichigan Community Health Services; and Dr. Wanda Gibson-Socio, Ph.D., APRN, BC, co-program director, Michigan Area Health Education Center.

Regional Center. FQHCs serve underserved areas or populations, provide comprehensive services, and have a governing board of directors.

Michigan AHEC was established by Wayne State University in 2010 and the Department of Family Medicine and

Public Health Sciences is its 'host' department. This new center is the fifth of Michigan AHEC's established centers. 2) The Southeast Regional Center is located in Detroit and hosted by the Greater Detroit Area Health Council. 3) The Mid-Central Regional Center is hosted by Central Michigan University. 4) The Western Regional Center is located in Grand Rapids and is hosted by Western Michigan University, and 5) Upper Peninsula Regional Center is located in Marquette and is hosted by Northern Michigan University.

For more information about MI AHEC, please visit: [miahec.wayne.edu](http://miahec.wayne.edu)

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## DEPARTMENT BRIDGES TO EQUITY PROGRAM HOSTS EMERGENCY PREPAREDNESS CME

The Wayne State University Department of Family Medicine and Public Health Sciences Bridges to Equity program recently hosted a CME event for physician faculty, MD and MPH students and MPH practitioners on Friday, May 1, 2015 in the School of Medicine. This event entitled, "Update on Emergency Preparedness: What Clinicians Need to Know" featured keynote speakers, Mouhanad Hammami, MD, County Health Officer and Chief of Health Operations, Health and Human Services, Wayne County, MI and Bechara Choucair, MD, MS, Senior Vice President for Safety Net Transformation and Community Benefit, Trinity Health, Livonia, MI.

The speakers were able to convey the need for those in health care practices to understand and interact with local and state public health departments in their daily patient care.

Other speakers who engaged the attendees in table top exercises related to Ebola and Measles were Ruta Sharangapani, MD, MPH, Medical Director, Wayne County Health Department, Detroit, MI; Lance Gable, JD, MPH, Associate Dean for Academic Affairs, Wayne State University Law School, Detroit, MI; and Veronica Rodriguez, MPH, Wayne

County Health Department Emergency Preparedness Administration, Detroit, MI. The participants were given case examples that they had to manage in a mock bioterrorist attack.

The attendees were engaged and appreciated the active learning through the afternoon. The Bridges to Equity project, housed in DFMPHS, is funded by the U.S. Health and Human Services, Health Resources and Services Administration. It is a 5-year funded program to integrate public health principles with medical education training and to provide MPH degrees to current MD students.



Dr. Hammami during his keynote address



WSU medical students attending the conference



## FACULTY SPOTLIGHT

The Michigan Academy of Family Physicians (MAFP) Board of Directors has selected Dr. Pierre Morris to receive its 2015 MAFP Family Medicine Educator of the Year Award. The award is designed to recognize an individual who has made outstanding contributions to education for family medicine in undergraduate, graduate and continuing education spheres.



compiled by a nominee's peers and patients. After its review by the MAFP Nominating Committee, the MAFP Executive Committee must approve the award recommendation. It was communicated to Dr. Morris the decision to present him with the award

"dedication to Family Medicine is remarkable".

Dr. Morris has been invited to receive his award during the President's Gala at the conclusion of the Annual Michigan Family Medicine Conference on July 24 at the Grand Traverse Resort in Williamsburg, MI.

Congratulations to Dr. Morris for this well-deserved recognition!!

The MAFP Nominating Committee reviews a nomination packet which is

was "unanimous" and that his

## Important Dates



### 2015-2016 DFMPHS All Faculty Meeting Schedule

8:30–9:30 AM Breakfast and Networking

9:00–10:45 AM General Meeting

11:00–12:00 Faculty Development/Mentoring

September 16, 2015

November 18, 2015

February 17, 2016

April 20, 2016

June 15, 2016



Congratulations to the following Department of Family Medicine and Public Health Sciences faculty for their years of service.

Bengt B. Arnetz –10 years

James Dale –10 years

Pierre Morris–10 years

Hikmet Jamil –10 yrs.

Victoria Neale –30 years



Congratulations to DFMPHS team member, Dr. Joe Gianola, Program Director DMC/WSU Sinai Grace Residency. He welcomed his first child, a daughter named Joanna Grace, on April 27.

## DR. SAMIRAN GHOSH AWARDED PATIENT-CENTERED OUTCOMES RESEARCH INSTITUTE (PCORI) FUNDING

Samiran Ghosh, Ph.D., assistant professor in the Department of Family Medicine and Public Health Sciences and the Center for Molecular Medicine and Genetics for the Wayne State University School of Medicine, has been awarded a contract by the Patient-Centered Outcomes Research Institute (PCORI). The project titled, “Developing Bayesian Methods for Noninferiority Trial in Comparative Effectiveness Research”, is one of 46 applications funded by PCORI to advance the field of comparative effectiveness research and provide patients, health care providers, and other clinical decision-makers with information that will help them make better-informed choices.



The total cost of the award is \$832,703 over a three-

year period. It is primarily a bio-statistical methodology development study focusing

on “non-inferiority” trials, a specific type of randomized controlled trial, used to compare two or more active interventions. Non-inferiority trials are often employed in comparative effectiveness research

when the clear superiority of one intervention is not evident. One of the major goals will be to use past patient and disease specific information in the randomized control trial design to produce better and improved study design. This improvement may yield significant cost savings, reduce trial durations and may result in more ethical and patient-centric trials. The primary focus of the study will be on mental health and cardiovascular disease trials, though the general statistical method-

ology will be applicable to other disease areas.

PCORI is an independent, non-profit organization authorized by Congress in 2010 to fund comparative clinical effectiveness research that will provide patients, their caregivers, and clinicians with the evidence-based information needed to make better-informed health and healthcare decisions.

This funding cycle was very competitive; with approximately 13.1% of responsive applicants selected for funding. Congratulations to Dr. Ghosh for his accomplishments within this elite group of applicants!

For more information about this grant or the project, please contact Dr. Ghosh at [sghos@med.wayne.edu](mailto:sghos@med.wayne.edu)

## CONTINUE YOUR Applause! Applause!



MPH student, Jasmine Vickers, had her abstract entitled, “A Preliminary Investigation of Health Literacy and Health Behavior in Patients with Hypertension Discharged from an Urban Emergency Department”, accepted for presentation at the

143rd American Public Health Association Annual Meeting, which will be held October 31-November 4, 2015 in Chicago.

In recognition of this achievement, the Cardiovascular Research Institute (CVRI) at WSU School of Medicine is

providing Jasmine, a trainee in CRVI, with a travel award to be applied toward the cost of her travel to attend the conference.

Congratulations, Jasmine. Keep up the good work!!

# WSU FAMILY MEDICINE AND PUBLIC HEALTH SCIENCES WINS BIG AT 28TH ANNUAL MICHIGAN RESEARCH DAY

This year's Michigan Family Medicine Research Day Conference was held on May 21 at The Johnson Center at Cleary University in Howell, MI. The 28th Annual Conference was sponsored by the Family Medicine Department at the University of Michigan in collaboration with the Family Medicine and Family and Community Medicine Departments at Michigan State University, Oakland University, Beaumont School of Medicine, Wayne State University, Western Michigan University and the Michigan Academy of Family Physicians Foundation.

The conference learning objectives included the opportunity for attendees to:

- Take away one new idea about a research question or approach to answering a research question
- Describe research projects occurring in family medicine residency programs in Michigan

- Identify primary care research collaborators interested in translating research into practice
- Learn how to use your own practice quality improvement data for MOC-IV

The Department of Family Medicine and Public Health Sciences was pleased to have four 1st place winners in the oral and poster presentation categories. Congratulations to:

- 1) Dr. Dennis Tsilimingras for the Best Faculty Oral Presentation: Post-Discharge Adverse Events Among Urban and Rural Patients of an Urban Community Hospital: A Prospective Cohort Study
- 2) Dr. Jinping Xu (mentor) and WSU MPH student, Elyse Reamer for Best Student Oral Presentation: Prostate Cancer Knowledge, Information Sources and Qualities of Treatment Decisions for Localized Prostate Cancer

- 3) Dr. Jinping Xu (mentor) and Albert Ma (WSU 4th Year Medical Student) for Best Student Poster Presentation: Left lower Limb Weakness as the Initial Presentation of Glioblastoma Multiforme: A Case Report With Literature Review
- 4) Dr. Katharine Lounsberry (PGY-3) and Dr. Matthew Clifford (PGY-2) / WSU Family Medicine Resident with Drs. John Porcerelli and John Otremba as faculty mentors for Best Resident Poster Presentation: Rhabdomyolysis in Collegiate Swimmers: A Case Series

Congratulations to all the presentation winners and special thanks to all faculty mentors and collaborators on all of the campuses.



Drs. Clifford and Lounsberry



WSU student conference attendees



Left photo: Elyse Reamer and Dr. Xu  
Right photo: Albert Ma and Dr. Xu

